2022 DEVON WINTER TOWN OF

## WELCOME WINTER IN DEVON!

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#### PARTICIPATION FUND

Did you know that financial assistance for Town of Devon run programs is available through the Participation Fund?

The Town of Devon believes in creating an inclusive community where all residents can lead a healthy and active lifestyle regardless of economic circumstance. Families are automatically approved if they are in receipt of AISH, EI or Alberta child / adult health benefits. Other funding is determined by family income and size. Maximum allowance is \$250 per family per year. Visit www.devon.ca to complete the online form. Or call 780-987-8325 / FCSS@devon.ca for more information or a copy of the form.

#### CANADIAN TIRE IUMPSTART FUNDING

Strong communities include strong kids. We believe all kids should have the chance to run, skate, play, and grow. Canadian Tire Jumpstart® is a community-based charitable program that helps kids aged 4-18 participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can develop important life skills, self esteem and confidence.

Applications for assistance can be submitted from January 15 to June 1 for spring/summer programs, and from July 1 to November 15 for fall/winter programs.

Visit **jumpstart.canadiantire.ca** to apply online. Contact **780-987-8332** / **programs@devon.ca** for more information.

#### COMMUNITY DIRECTORY

Town Office Main	780-987-8300
Programs & Events	780-987-8332
Family & Community Support Services	780-987-8325
Parks	780-987-8331
Community Bus	780-910-1960
Dale Fisher Arena	780-987-4242
Facility & Sport Field Bookings	780-987-8328
Devon Public Library	780-987-3720

## WINTER EVENTS

FEB 2: WINTER WALK DAY

FEB 21: FAMILY DAY

APR 29: VOLUNTEER APPRECIATION NIGHT

APR 22 - 30: PITCH IN! DEVON COMMUNITY CLEAN UP



## the kindness project land the kindness project

noun: the quality of being friendly, generous, and considerate

did you know that acts of kindess are a key contributor to mentally healthy communities?

kindness, as reasearch has shown, also makes us happier, improved physical health, slows ageing and improves relationships.

let's start a conversation about kindness in Devon...

For more information, contact: Heather at hacres@devon.ca

#YouGotThis

### the kindness conversations. let's talk...

- can you share an experience of when someone showed kindness and it had a positive impact on you?
- can you share a story about a time where you showed kindness? how did it make you feel?
- do you consider Devon to be a kind community? can you give an example?
- if Devon was known as one of the kindest communities, what would that look like?
- what could you do to help show kindness in Devon?

... because kindness matters

You are not alone. If you need help, make the call. Please.

Connect 24/7

to speak to trained support workers

Information & Resources:

2-1-1

Support & Crisis: 1-800-232-7288

Information, Support & Referrals - Devon FCSS: 780-987-8300 (office hours)

You GOT This & We Got YOU

## FAMILY & COMMUNITY SUPPORT SERVICES

Fraud doesn't always look like fraud

#### STOP. THINK. CHECK.

Unexpected phone call, email, message...

- Threatening in any way
- Asking for money or gift cards
- Saying you have won a prize or money
- Indicating a tragedy / urgent funds
- Asking for personal information

#### IF IN DOUBT, CHECK IT OUT.

- You have the right to check first
- Don't use any links or number they give
- Follow up through official contacts only



Report Suspicious Activity to the RCMP 780-987-3414



#### From the day I am born, I am I am learning from the world around me. I am building foundations for life. Help me be everything can be. I am curious. Show me the wonders of my community. Fuel my imagination through talking, reading, and playing. My brain is making new connections every day. I am amazing. l am a child. See me. Hear me. Know me. **IAMGROWINGUP.CA**

#### EARLY DEVELOPMENT INSTRUMENT

As part of our ongoing commitment to the children of Devon, the programs we offer are being purposefully created with one or more of the five developmental domains in mind. Where you see the symbols by the programs you will know what domains they primarily focus on.

#### **DEVELOPMENTAL DOMAINS**



#### Physical Health & Well-Being:

Encouraging physical growth and independence, gross and fine motor skills and coordination.



#### **Social Competence:**

Encouraging playing well with others, curiosity about the world, respect for adults and other children, behavior and following rules / instructions, independence, self-confidence and eagerness to explore new things.



#### **Emotional Maturity:**

Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



#### Language & Thinking:

Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



#### Communication Skills & General Knowledge:

Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

#### COMMUNITY SERVICES OUTREACH

#### Older Adults and 65+

Community Service Outreach – Older Adults and 65+ Support program is there to connect you to available resources, assist with applying for benefits and subsidies, coordinate temporary short term respite (via our service providers), and can provide referrals to other agencies. The service coordinates and hosts information sessions, events and activities for older adults.

65+ Support also offers two housekeeping programs, both of which are available to clients aged 65 or over and / or clients with disabilities / restrictive medical needs. These services are available with or without subsidy (following an income based assessment).

#### **Youth and Family**

This program offers short-term support through one-on-one visits that assist individuals or families to make healthy skill-based improvements in their lives. It is available to children, teens and families in need. The program strives to enhance, strengthen and stabilize families who are experiencing life stress and/or change. Each family circumstance is unique. Family strengths, assets and action-planning will be utilized. Reasons for referrals may include separation or divorce, loss, communication/conflict, parenting strategies, budgeting and more.

For more information on either program, call **780-987-8308** or email **CSOC@devon.ca** 

#### IT'S GOOD TO TALK SUBSIDIZED COUNSELLING SERVICE

Sometimes you might need some additional support to help you through a difficult or stressful time and a referral to mental health services doesn't seem appropriate. We can help eligible families to receive a limited number of subsidized counselling sessions.

Devon FCSS works together with Karunia Counselling and Family Counselling Centres. Subsidies are based on income. Broadly - for those who do not have children under 18 living at home, you may qualify if you earn less than \$50,000 per household and for those with children under 18 at home this threshold increases to \$75,000.

For a subsidized referral please contact FCSS Coordinator at **780-987-8325**.

#### **SNOW BUSTERS WANTED!**

Do you have some time to spare? Even if you can only do one hour every so often, you may be able to help someone who desperately needs it. Be like Buster! Bust some snow!



#### How it works...

#### Be a Registered Volunteer Snow Buster

To go through the FCSS program where inquiries come in from the public to request help, all volunteers need to get a criminal and vulnerable persons check (at no cost to you). When that is done, if anyone calls needing help an email gets sent to all volunteers on the list and whoever can help out responds directly to the client. Easy – you only do what you can do, no pressure.



This service is aimed at helping low income seniors, disabled and temporarily infirm residents of Devon.

#### Call 780-987-8308 to register or apply.

#### Be a Neighbourhood Volunteer Snow Buster

Does someone in your neighbourhood need a helping hand this winter? Be neighbourly, like Buster, and consider shovelling an extra sidewalk or driveway.

#### Be a Business Snow Buster

If you have a Devon business license and offer snow clearing as a service, call the office and get on the list of providers. Do you offer discounts? What are your prices? Let us know so we can share it!

In ALL cases: if you are planning to use an ATV or other off highway vehicle to support you clearing snow, you must register for a license with the Town of Devon Bylaw Department.

#### Benefits to you...

Looks good on your resume for work or college, it feels good to help people, contribute to your community, help build up skills, get you active, gain confidence and knowledge that you make a positive difference.

## WINTER PROGRAMMING

This year has brought many changes! Keep a lookout at **devon.ca/programguide** for any updates to programs and events offered.



# WINTER ACTIVITY KITS

Looking for some at-home activities to get your mind off the snow? We bring the fun to you with our Winter Activity Kits. Get moving, get crafty, and spend some time with friends and family. For full descriptions, visit **devon.ca/activitykits** 

#### **RECREATION KITS**

Kits are available to sign-out for a weekend of fun for all ages, free of charge to Devon residents. Kits are available to borrow from Thursday – Monday each week, and are available for pick-up at the Town of Devon Office.

**Kit Options:** Mini Musicians, Jumbo Games Night, Mystery Craft Bag

#### **Dates Available:**

January 13 – April 11

\*Please note, kits will need to be dropped off to the Town of Devon Office. Kit options may change.

Sign-up to borrow a kit at **devon.ca/activitykits** 

## THEMED ACTIVITY KITS

Register for our themed activity kits to get resources, crafts, games and activities delivered to your door. Every month offers something new, free of charge to Devon residents.

February: Family Fun

April: Nature Quest

Register at

devon.recdesk.com



## HOW TO REGISTER for programs



#### **Registration is easy!** Just follow these steps:

- 1. Go to devon.recdesk.com
- 2. If you are a new user, create an account or login to your existing account
- 3. Select Programs
- 4. Scroll or search for the program you are interested in
- 5. Select Register

## OH NO... we cancelled the program!

Excellent programs are sometimes cancelled when everyone waits until the last minute to register. Decisions about class cancellations are made one week prior to class start dates. Please make sure classes run by **Registering Early!** 

Programs must meet minimum registration to run. If a program needs to be cancelled, there will be a full refund to the participants and a minimum of 5 business days' notice given. Withdrawal from a program requires 5 business days. You will receive a full refund minus a 10% administration fee. Withdrawals with less than 5 days' notice are not eligible for a refund.

The Devon Community Centre and Dale Fisher Arena are under the

and therefore participants in programs at these facilities must provide proof of vaccination, medical exemption or negative PCR or rapid test (completed within last 72 hours). For more information visit devon.ca/REP.

#### **Developmental Domains**

- Social Competence
- Language & Thinking
- Physical Health & Well-Being
- **Emotional Maturity**
- Communication Skills & General Knowledge

#### CHILD & YOUTH PROGRAMS

#### **Devon Community Indoor Playground**

Thursdays. Spend some physically-distanced quality time with other parents while your children play. We have many toys available for play! Free play with a focus on the five developmental domains. Parents are responsible for the active supervision of their children and helping with set-

up & take-down. All adults 12+ are required

to show valid QR vaccine / PCR or exemption.

Dates: Session 1: Jan. 13 - Feb 10 Session 2: Feb. 17 - Mar 10 Session 3: Mar. 31 - Apr 28

Time: 9:30am-11:00am

Location: Devon Community Centre

Age: 0-6 years Cost:

Registration: Opens two weeks prior to each session



#### Let's Play

Mondays. Join early childhood expert, Kathy, for four weeks of parented programming fun for children aged 0-6. Fach week there will be a new theme with materials and activities that enhance learning and creativity, engage the senses, build skills and most of all, are fun! Limited space available. Smaller groups for maximum enjoyment. All adults 12+ are required to show valid QR vaccine / PCR or exemption.

Dates: Session 1: Jan. 10 - 31 Session 2: Feb. 7,14, 28 & Mar 7 (no session Easter Monday) Session 3: Mar. 14 - Apr 4 Session 4: Apr. 25 - May 16

Time: 10:00am-11:00am Location: Devon Community Centre

Age: 0-6 years Cost: Free

Registration: Opens two weeks prior to each

#### Kindness at Play







Thursdays. Join early childhood expert, Kathy, for four weeks of parented programming for children aged 3-5, which focuses on kindness, sharing, caring, fun and friendship, all done through play.

Session 1: Jan. 13 - Feb 3 Date: Session 2: Feb. 10 - Mar 3 Session 3: Mar. 3 - Apr 21

1:00pm-2:00pm

Location: Devon Community Centre

Age: 3-5 years Cost: Free

Registration Deadline: Opens two weeks prior

#### Sportball Parent & Child (1)





You've made the team! Sportball Parent & Child focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and more. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills. Limited class sizes and safety precautions will be in place.

Date: Saturdays, Jan. 8 – Feb. 12 (no class on Feb. 5)

Time: 9:00am-9:45am

Location: Devon Community Centre

2-3.5 years Age:

(Accompanied by parent)

Cost: \$81.25/5 sessions Registration Deadline: Jan. 3



#### Sportball Coach & Child 🚺





This program will help kids ages 3 and up develop independence and build confidence by attending classes "all by themselves." Coaches engage younger children with creative storylines and special themes and connect with older kids as leaders and mentors. Parents and caregivers are asked to remain outside during Coach & Child classes to minimize distractions and encourage kids to participate on their own. Limited class sizes and safety precautions will be in place.

Date: Saturdays, Jan. 8 - Feb 12 (no class on Feb. 5)

Time: 10:00am-11:00am

Location: Devon Community Centre

Age: 3.5-5 years

(Accompanied by parent)

Cost: \$81.25/5 sessions Registration Deadline: Jan. 3

#### Sportball Multi-Sport





Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina, and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Limited class sizes and safety precautions will be in place.

Saturdays, Jan. 8 - Feb. 12 Date:

(no class on Feb. 5) Time: 11:15am-12:15pm

Location: **Devon Community Centre** 5-7 years

Age: \$81.25/5 sessions Cost: Registration Deadline: January 3

#### Red Cross Stay Safe! Course 🔾 💟





This program provides school-aged children with injury prevention and first aid knowledge and skills. It gives them the confidence to respond appropriately to emergency situation while staying home alone.

Date: Jan. 8

Time: 9:00 - 1:00pm

(Please bring your own snack) Location: Devon Community Centre

Age: 8-12 years \$20 Cost:

Registration Deadline: Dec. 31

#### **Red Cross** Babysitting Course





This is a child care course for ages 11-16 who may be responsible for the care and supervision of younger children.

Saturday, Jan. 29

Time: 9:00am-4:00pm

(Please bring your own bagged lunch)

Location: Devon Community Centre

Age: 11-16 Cost: \$30

Date:

Registration Deadline: January 21

#### **Art for Wellness**

Join in for a 4-week art expression series. Through a creative outlet strengthen your self-esteem, resiliency, and mindfulness. Enjoy this positive mood boosting series.

Date: **TBD** 

6:30pm-8:00pm

Location: Devon Community Centre

#### Age: 10-12 Cost TBD

Registration Deadline: Watch Devon FCSS Facebook page and the Devon Dispatch for further details

#### **Bake and Chat**

The Town of Devon is partnering with Proofed: Baking Therapy and Counselling to provide a baking mental health workshop! Come participate in 2 sessions of baking therapy that will be facilitated by a mental health counsellor. Youth will engage in the therapeutic act of baking as they discuss topics that touch on mental health and wellbeing. Everyone will go home with their baked goods. Come bake and feel great!

Date:

Time: 6:00pm-8:00pm

Location: Devon Community Centre - Kitchen

13-17 Age: Cost: No fee

Registration Deadline: Watch Devon FCSS Facebook page and the Devon Dispatch for further details. \*Devon residents only

#### FAMILY PROGRAMS

#### **Game Nights**

Gather your friends and families to enjoy an evening out for a drop-in games night! Check out the huge variety of board games to play from old family favorites to new puzzles and cooperative games. All ages are welcome to attend, parental supervision may be required.

Date: Jan. 13 & 25, Feb. 10 & 22,

Mar. 10 & 22, Apr. 14 & 26

Time: 6:30pm-8:30pm Location: **Devon Community Centre** 

Age: All ages welcome

Cost: Free

Registration Deadline: None, drop in

#### **Family Trivia Night**

Disney, Pixar, Star Wars, Marvel...families bring your knowledge and put your heads together as a team to score some prizes! Physical distancing measures will be put in place. Open to all Devon families and those who have a child registered at a Devon school.

Date: Thursday, Feb. 17 Time: 6:30pm-8:00pm

### **DROP-IN RECREATION**

A variety of drop-in programs are organized throughout the year, including badminton, basketball, pickleball and more. Programs are offered to a variety of ages. Curious about what we have offered? Check devon.ca/dropin for updates!

**Location:** Virtual, via Zoom – email for link

Cost: Free

Registration Deadline: Feb. 15 at

FCSS@devon.ca

#### 120 Minute Challenge

Three days, two prizes, one weekend! Family Day Weekend (Friday – Sunday) – take a minimum of 120 minutes over the three days and spend it focused on your family, doing at least three different activities together. Any activity counts if it's done with intention. Anyone is welcome to participate but only Devon residents or those with a child registered in a Devon school are eligible to be entered to win a prize, worth \$100 each.

Full details and how to enter are available at **devon.ca/120minutes** 

Questions? Email FCSS at FCSS@devon.ca or call 780-987-8325

#### **Social Knitwork**

Do you like to knit/crochet or wish to learn? Join us for some social hobby time! Come with your project, be introduced to new ones, or simply just start knitting. Share ideas, inspirations, and tips. Experienced volunteers will be available to help beginners learn.

Date:	Mondays, Jan. 10		
Time:	6:30pm-8:00pm		
Location:	River of Hope Church		
Age:	Adults, 8+ years (must be accompanied by a guardian)		
Cost:	Free, limited starter packs available		

Registration Deadline: Drop in, for more information contact 780-987-8308 or CSOC@devon.ca

#### **Moonlit Snowshoe**

If you can walk, you can snowshoe! Experience the great outdoors in a new way with a guided snowshoe hike... in the dark! Equipped with snowshoes provided by Shift Happens Bicycle Repair, and a knowledgeable local guide, Kelly Harlton, you'll be sure to enjoy this fun way to get active!

Date:	Tuesday, Jan. 18 & Tuesday, Feb. 15
Time:	7:00-9:00 pm
Location:	Meet at Shift Happens *Bus to provide transportation to Tuckers Field*
Age:	13+ years (under 18 must be accompanied by guardian)
Cost:	\$10/individual

Registration Deadline: Jan. 11 & Feb. 8

#### **ADULT PROGRAMS**

#### **Light Strength & Conditioning**

This is a beginner strength class, no experience is required. This class is suitable for those wanting to start strength training and adults 50 and older who would like to start working on strength training.

Equipment needed: yoga mat, light dumbells (2,3,5 lbs). If you need access to equipment, please contact us at **programs@devon.ca** or **780-987-8332**.

Precautions to take if you are 50 and older. Strength training is not dangerous if these precautions are taken:

- Talk to your doctor
- Take advice about medications
- Drink sufficient fluids more if it's hot
- Stop if something hurts other than the discomfort of muscular effort
- Start slowly and work up to heavier weights and more repetitions to suit your existing level of fitness and capability

Date: Session 1, Tuesdays Jan. 18 – Mar. 1 (no class February 8) Session 2, Tuesday Mar. 29 –

Apr. 26th (no class Apr. 12)

continued



#### **Leduc County Family Resource Network**

NEW: drop-in hours at Thorsby and Devon locations

Beginning Sept. 7, Leduc County FRN will offer permanent drop-in hours at its two facilities, located in Devon and Thorsby. All families are welcome to drop in and join FRN staff for:

free wifi and computer

- coffee and snacks
- resources and referrals
- use
- monthly prize draws
- games and crafts
  - programs and

supports

#### Devon: 5 Jasper Court in the Old Robina Baker School

Open Mondays from 2 to 4 p.m. and 5 to 8p.m. Closed for supper from 4 to 5 p.m.

Thorsby: 4908 48 St. in the modular building across from the Arctic Spas Recreation Complex

- Dopen Tuesdays from 2 to 4 p.m. and 5 to 8 p.m. Closed for supper from 4 to 5 p.m.
- Open Thursdays from 9 a.m. to 4 p.m. Closed for lunch from noon to 1 p.m.

Time: 7:00 - 8:00 pm

Location: **Devon Community Centre** 

Ages: Adults

Session 1: \$50/5 sessions Cost:

Session 2: \$40/4 sessions

#### Registration Deadline:

Session 1, Jan. 11 Session 2, Mar. 22

#### **Watercolour Workshops**

Join local artist David James to learn all about watercolours and make your own piece of artwork. Sessions will progress in difficulty with watercolour theory and learning proper technique. Experience in other art mediums valuable. All supplies are included.

Mondays, Jan. 17 - Mar. 21 Date:

(no class Jan. 24)

Time: 7:00pm-9:00pm

Location: **Devon Community Centre** 

Adults Age:

\$125/9 sessions Cost: Registration Deadline: Jan. 10

#### **Build a Terrarium**

It's time to bring some nature inside and get your hands in the dirt! Glass Earth Plant Store is coming to Devon and will lead you through to create your very own terrarium.

Friday, Feb. 11 Date: Time: 7:00-8:30pm

Location: **Devon Community Centre** 

Age: Adults Cost: \$73

Registration Deadline: Feb. 4

#### Virtues Pick Café

Join us online for a positive and uplifting coffee morning every Tuesday for eight weeks to explore what Virtues are, what they may mean to you, how to recognize them in yourself and others and why they are important, while learning how to be your best self and enhance your relationships. This is very low key and designed to create a sense of community, connection and enhancement of how you view yourself and others. Everyone is Welcome – we encourage people to come to as many of the 8 sessions as they can, but full attendance is not mandatory.

Tuesdays, Feb. 8 -Date:

Mar. 29, 2021

Time: 10:30am-12:00pm

Location: Virtual (Zoom) Age: Youth 15+ and Adults

Cost: Free

Registration Deadline: None

Contact FCSS@devon.ca for Zoom link

#### #YouGotThis - Mega Trivia Night

Know your music, general knowledge, movies? Want to get out and beat the winter blues? Which team / person will emerge the champion? There will be smaller prizes as well as a \$100 grand prize! In person / virtual TBD.

Date: Tuesday, Mar. 8 6:30-8:00pm Time:

Location: In person / Virtual TBD

Cost: Free to play Registration Deadline: None



#### 72- Hour Emergency Planning -Are You Prepared?

What would you do in an emergency? Join expert presenters from the Alberta Emergency Management Agency to learn about the current realities of emergency management, three simple steps to preparedness, the barriers that may be encountered and how to make a 72-hour emergency kit.

TBD Date:

Time: 6:30pm-8:30pm

Location: Online / in person TBD

Age: Adults Cost: Free

Register: Register by phone at 780-987-8308

or email FCSS@devon.ca

Watch Devon FCSS Facebook page and the

Devon Dispatch for further details.

#### ReTREAT Yourself!

Need a day that is just for you?! Take some time and come enjoy a day full of wellness! Leave feeling revitalized and inspired.

Saturday, Apr. 9 Date: 9:30am-4:30pm Time:

Location: **Devon Community Centre** 

Age:

\$75 (lunch is included) Cost: Registration Deadline: Mar. 25 at

devon.recdesk.com

#### Mindfulness in Motion

Stress is a natural part of life. However, it can become toxic and have a negative impact on our lives. Learn strategies to help manage and reduce stress in your life. This four-week series will be focused on mindfulness practices.

Date: Wednesdays, Feb. 9 - Mar. 2

Time: 7:00-8:30pm

Location: Devon Community Center

(\*or Zoom depending on COVID

restrictions) Adults Age:

Cost: Free

Registration Deadline: Feb. 1

#### **Paint Night**

Enjoy a night of creativity! Led by a local artist, you will be provided will all the materials and directions to create a work of art.

Date: TBD Time: **TBD** 

Location: Virtual / In person TBD

Age: Adults
Cost: Free

**Registration Deadline:** Watch Devon FCSS Facebook page and the Devon Dispatch for further details.

#### Intro to Qigong (pronounced "chee-gung")

Join for an introduction to the practice of Qigong, used to cultivate and balance life energy. Focus on your general health and wellbeing by engaging in this gentle mindfulness activity. Learn the history and be lead through some simple movements and breathing exercises.

 Date:
 Jan. 11

 Time:
 7:00-8:00pm

**Location:** Devon Community Centre

Age: Adults

Cost: \$5 (which will be donated to the Devon Families in Need Fund)

**Registration Deadline:** Jan. 4 on RecDesk Dress in comfortable clothes and bring a yoga mat if desired.

#### Learn to Cross Country Ski

This learn to ski program will introduce beginners to the basics of cross-country skiing so they can venture out on trails safely and with more confidence and enjoyment! By the end of the lessons, learners will be able to: dress for the weather, prepare their skis, do the diagonal (aka classical) stride, do a braking snowplow downhill, navigate beginner trails and so much more!

\*Participants must provide own equipment

**Date:** Saturday(s) Jan. 15 – Feb. 5 **Time:** 10:30-12:00pm

LOOKING FOR HEALTHY LIVING WORKSHOPS?

Check out Leduc Beaumont Devon Primary Care Network's website, **lbdpcn.com**  Location: Devon Lions Campground

(Meet in the parking lot between the entrances to Lions Park and the

Devon Golf Course)

Age: Adults
Cost: \$40/4 Lessons

Registration Deadline: Jan. 8, 2022

#### **Drop-In Indoor Winter Walking**

Do you need a free, safe space to walk indoors away from the ice and snow? You can drop in anytime between the hours below.

- This is provided as a space to walk and is not a set program.
- Participants are responsible for their own safety.
- Outside footwear must be removed.
- No strollers, scooters or pets

Current availability:
Time: 9:30am-11:30am
Location: Devon Community Centre,
Main Hall

\* See online community events calendar for closure dates and updates.

#### Learn to Play the Ukulele

Did you know...the ukulele is one of the easiest instruments to learn, you can begin to play songs after learning just a few basic chords. Join in to learn something new or brush up on your skills and share this experience with others.

Date: Tuesdays, starting Jan. 25

for 10 weeks 1:30-2:30pm

Location: Devon Community Centre,

Claypool room

Age: 60+

Time:

Cost: \$150 with Ukulele, \$95 without Ukulele

Registration Deadline: Jan. 14 on RecDesk For more information call 780-987-8308 or email CSOC@devon.ca

#### **Seniors Connect - Pictionary**

Let's go Devon! Come gather as a team in some friendly competition against our neighbouring communities. Playing Pictionary as one team (in-person) we will virtually see our opponents (on the big screen) in Beaumont. Prizes and bragging rights are one the line. If you have not played Pictionary before, no worries, it is super easy and there will be a team leader to help get the victory.

Date: Thursday, Mar. 24
Time: 1:30pm-3:00pm
Location: Devon Community Centre

Age: Adults 65+
Cost: Free

Registration Deadline: Mar. 17 To register call **780-987-8308** or email **CSOC@devon.ca** 

#### **Seniors Connect - Scattergories**

Let's go Devon! Come gather as a team in some friendly competition against our neighbouring communities. Playing Scattergories as one team (in-person) we will virtually see our opponents (on the big screen) in Beaumont. Prizes and bragging rights are one the line. If you have not played Scattergories before, no worries, it is super easy and there will be a team leader to help get the victory.

Date: Thursday, Jan. 20
Time: 1:30pm-3:00pm
Location: Devon Community Centre

Age: Adults 65+
Cost: Free

Registration Deadline: Jan. 13 To register call 780-987-8308 or email CSOC@devon.ca

#### YouGotThis 50+ - Info session

Join in to learn some helpful information. Watch Devon FCSS Facebook page and the Devon Dispatch for further details.

Date:Feb. 17Time:1:30-2:30pmLocation:Devon Community Centre –<br/>Claypool roomAge:50+Cost:FreeRegistration Deadline: Call 780-987-8308 or<br/>CSOC@devon.ca by Feb. 10

#### **Seniors Coffee Chat and Update**

Join in online to connect with others for a friendly chat and hear an update about programing from the Town. Bring your cup a joe from the comfort of your home.

**Date:** Fridays, Jan. 28, Feb. 25, Mar. 25, Apr. 22

Time: 10:00-11:00am Location: Zoom

Age: 60+
Cost: Free

Registration Deadline: None Phone 780-987-8308 or email CSOC@devon.ca

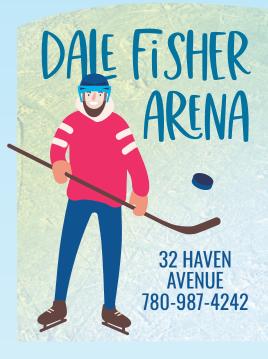
for the link

## INDIGENOUS-BASED PROGRAMS

We offer various cultural based programs and events throughout the year including beading workshops, speaker presentations and many others. We are committed to strengthening the relationship with Indigenous Peoples across the land, as well as supporting our Indigenous and non-indigenous residents through cultural programming and events. Partnering with Indigenous Nations will allow for our communities to come together to learn about various Indigenous cultures, languages and traditions.

For a current list of upcoming events and programs, go to devon.ca/indig-events.





Ice skating helmets are mandatory for all participants 18 and under and strongly recommended for all participants during ice activity. No hockey sticks during public skate.

#### **ONLINE ARENA** SCHEDULE AND **UPDATES:**

- 1. Go to devon.recdesk.com
  - 2. Click on calendar
- 3. Choose Dale Fisher arena from the drop down menu.

#### Public Skating 💢 🙄





All levels of skaters welcome

Monday & Wednesday 12:00-1:00pm Tuesday & Thursday 1:15pm-2:15pm Thursday evening 6:15pm-7:15pm Saturday & Sunday 3:30pm-4:30pm

**Adult Noon-Hour Shinny** 

Tuesday & Thursday 12:00pm-1:00pm

Parent & Tot Skating (iii)





Monday & Wednesday 1:15pm-2:15pm

Program times are subject to change. Please refer to RecDesk calendar for updates.

## FCSS is the first call

#### If your question is

#### "Who can help with..."

- Knowing where to start
- Parenting strategies / guiding my family through difficult situations
- Getting subsidized counselling services
- Taxes for lower income families
- Housekeeping support for eligible seniors / disabled persons
- Support after a crisis or abusive situation
- Finding and accessing addiction services
- Locating resources for your mental health
- Not being able to afford food
- What to do when I have lost my job, home or income
- Informative and fun workshops and programming

···· We're here to help!

# DEVON'S OUTDOOR Alinter Adventures

Saskatchewan Ave

Spray Park



### Get out there!

Devon Golf Course and Lions Campground trails are groomed for cross-country skiing by volunteers with the Devon Nordic Ski Club. Voyageur Park trails are groomed by volunteers with the Devon Bicycle Association. All other river valley trails are multi-use and unmaintained. Devon's river valley trails are at not maintained during the winter; use at your own risk.

#### **DEVON'S WINTER** TRAIL GUIDELINES:



**Ski** on groomed ski trails



**Snowshoe** on multiuse trails

**⊘** Bike on multiuse & bike trails

**Walk** on multiuse trails

Dogs must be on leash

#### PLEASE RESPECT **GROOMED SKI TRAILS:**

- · Stay to the side unless skiing
  - · Cross perpendicular when necessary























# Community Bus!

CURRENT SCHEDULE (subject to change each year)						
DAY	DESTINATION	SCHEDULE	PICK UP	DEPART		
Mon.	<b>Leduc</b> *Service to Leduc is subject to change based on COVID-19 restrictions.	Year Round	9:00	1:00 pm		
Tue.	Devon	Year Round	9:30 am	3:30 pm		
Wed.	Service temporarily suspended					
Thu.	Devon	Year Round	9:30 am	3:30 pm		
Fri	Available for private rental					

Ring & Ride 780-910-1960

#### Pricing (round trip)

\$5.00 - Devon

**\$10.50** - Leduc

Visit devon.ca/bus for details and updates

- Devon service is available ANYTIME during the hours listed call for a ride.
- Shopping service available (purchase/delivery)
- Door to door service within Devon
- We can now take children of all ages
- Masks are mandatory, until otherwise notified

