

2021 DEVON FALL

PROGRAM GUIDE



FALL HAPPENINGS IN DEVON

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PARTICIPATION FUND

Did you know that financial assistance for Town of Devon run programs is available through the Participation Fund?

The Town of Devon believes in creating an inclusive community where all residents can lead a healthy and active lifestyle regardless of economic circumstance. Families are automatically approved if they are in receipt of AISH, EI or Alberta child / adult health benefits. Other funding is determined by family income and size. Maximum allowance is \$250 per family per year. Visit devon.ca/participationfund to complete the online form. Or call 780-987-8325 / fcss@devon.ca for more information or a copy of the form.

CANADIAN TIRE JUMPSTART FUNDING

Strong communities include strong kids. We believe all kids should have the chance to run, skate, play, and grow. Canadian Tire Jumpstart® is a community-based charitable program that helps kids aged 4-18 participate in organized sports and recreation such as hockey, dance, soccer and swimming, so they can develop important life skills, self esteem and confidence.

The Individual Child grant application opens in January and closes when the funds have been depleted for the year. Applications must be received prior to the program's start date.

Visit jumpstart.canadiantire.ca to apply online. Contact 780-987-8332 / programs@devon.ca for more information.

COMMUNITY DIRECTORY

Town Office Main	780-987-8300
Programs & Events	780-987-8332
Family & Community Support Services.....	780-987-8325
Parks	780-987-8331
Community Bus.....	780-910-1960
Dale Fisher Arena	780-987-4242
Facility & Sport Field Bookings	780-987-8328
Devon Public Library	780-987-3720



FALL + WINTER EVENTS

SEPT 1 - 30: CULTURE MONTH

SEPT 1: COMMUNITY AWARENESS NIGHT

SEPT 2 - 7: VIRTUAL COMMUNITY AWARENESS WEEK

SEPT 30: ORANGE SHIRT DAY

National Day for Truth and Reconciliation

OCT 30: HALLOWEEN HAUNT

NOV 27: MERRY & BRIGHT PARADE

Brought to you by Christmas in the Park

DEC 15: SENIORS TEA AND JINGLES



Building Community One Neighbour at a Time

Why be Neighbourly?

Socially connected neighbourhoods are safer, healthier, and happier. Research tells us that when we know our neighbours, it:

- Helps us feel safe when we watch out for one another
- Improves our physical & mental wellness
- Reduces isolation & increases our sense of belonging

- Saves time & money by helping out & sharing resources
- Supports healthy development of kids & youth

Volunteer to be a Neighbourhood Connector

- Have a friendly chat with the closest 10-20 households in your area
- Help neighbours connect at an activity at least once per year

WANT TO BE A NEIGHBOURHOOD CONNECTOR?

Contact: Heather Acres,
Community Development Facilitator
780-987-8300 or hacres@devon.ca



FAMILY & COMMUNITY SUPPORT SERVICES

FCSS is the first call

If your question is

“Who can help with...”

- Knowing where to start
- Parenting strategies / guiding my family through difficult situations
- Getting subsidized counselling services
- Taxes for lower income families
- Housekeeping support for eligible seniors / disabled persons
- Support after a crisis or abusive situation
- Finding and accessing addiction services
- Locating resources for your mental health
- Not being able to afford food
- What to do when I have lost my job, home or income
- Informative and fun workshops and programming

..... *We're here to help!*

EARLY DEVELOPMENT INSTRUMENT

As part of our ongoing commitment to the children of Devon, the programs we offer are being purposefully created with one or more of the five developmental domains in mind. Where you see the symbols by the programs you will know what domains they primarily focus on.

DEVELOPMENTAL DOMAINS



Physical Health & Well-Being:

Encouraging physical growth and independence, gross and fine motor skills and coordination.



Social Competence:

Encouraging playing well with others, curiosity about the world, respect for adults and other children, behavior and following rules / instructions, independence, self-confidence and eagerness to explore new things.



Emotional Maturity:

Encouraging age-appropriate emotional understanding, empathy, reflection, and controlled actions (thinking before doing).



Language & Thinking:

Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



Communication Skills & General Knowledge:

Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

COMMUNITY SERVICES OUTREACH

Older Adults and 65+

Community Service Outreach – Older Adults and 65+ Support program is there to connect you to available resources, assist with applying for benefits and subsidies, coordinate temporary short term respite (via our service providers), and can provide referrals to other agencies. The service coordinates and hosts information sessions, events and activities for older adults.

65+ Support also offers two housekeeping programs, both of which are available to clients aged 65 or over and / or clients with disabilities / restrictive medical needs. These services are available with or without subsidy (following an income based assessment).



I AM GROWING UP

From the day I am born, I am growing up.

I am learning from the world around me.

I am building foundations for life.

Help me be everything I can be.

I am curious.

Show me the wonders of my community.

Fuel my imagination through talking, reading, and playing.

My brain is making new connections every day.

I am amazing.

I am a child.

See me.

Hear me.

Know me.

iAMGROWiNGUP.CA

Youth and Family

This program offers short-term support through one-on-one visits that assist individuals or families to make healthy skill-based improvements in their lives. It is available to children, teens and families in need. The program strives to enhance, strengthen and stabilize families who are experiencing life stress and/or change. Each family circumstance is unique. Family strengths, assets and action-planning will be utilized. Reasons for referrals may include separation or divorce, loss, communication/conflict, parenting strategies, budgeting and more.

For more information on either program, call **780-987-8308** or email CSOC@devon.ca

IT'S GOOD TO TALK SUBSIDIZED COUNSELLING SERVICE

Sometimes you might need some additional support to help you through a difficult or stressful time and a referral to mental health services doesn't seem appropriate. We can help eligible families to receive a limited number of subsidized counselling sessions.

Devon FCSS works together with Karunia Counselling and Family Counselling Centres. Subsidies are based on income. Broadly - for those who do not have children under 18 living at home, you may qualify if you earn less than \$50,000 per household and for those with children under 18 at home this threshold increases to \$75,000.

For a subsidized referral please contact FCSS Coordinator at **780-987-8325**.

**You are not alone.
If you need help, make the call. Please.**

Connect 24/7
to speak to trained support workers

**Information & Resources:
2-1-1**

**Support & Crisis:
1-800-232-7288**

FALL PROGRAMMING

This year has brought many changes! Keep a lookout at devon.ca/programguide for any updates to programs and events offered.

FALL ACTIVITY KITS

Looking for some at-home activities to celebrate all Fall has to offer? We bring the fun to you with our Fall Activity Kits. Get moving, get crafty, and spend some time with friends and family. For full descriptions, visit devon.ca/activitykits

RECREATION KITS

Four kits are available to sign-out for a weekend of fun for all ages, free of charge to Devon residents. Kits are available to borrow from Thursday – Monday each week, delivered straight to your door.

Kit Options: Little Play Kit, Jumbo Games Night, Backyard Extravaganza, Mystery Craft Bag

Dates Available:
September 23 – December 9

*Please note, kits will need to be dropped off to the Town of Devon Office.

Sign-up to borrow a kit at devon.ca/activitykits

THEMED ACTIVITY KITS

Register for our themed activity kits to get resources, crafts, games and activities delivered to your door. Every month offers something new, free of charge to Devon residents.

September: Culture Month

October: Spooky Halloween

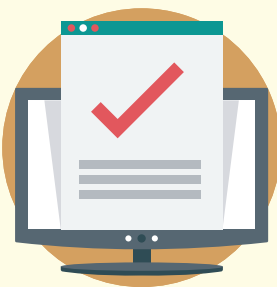
November: Merry & Bright

Brought to you by Christmas in the Park

December:
Holiday Craze

Register at devon.recdesk.com

HOW TO REGISTER for programs



Registration is easy! Just follow these steps:

1. Go to devon.recdesk.com
2. If you are a new user, create an account or login to your existing account
3. Select **Programs**
4. Scroll or search for the program you are interested in
5. Select **Register**

OH NO... we cancelled the program!



Excellent programs are sometimes cancelled when everyone waits until the last minute to register. Decisions about class cancellations are made one week prior to class start dates. Please make sure classes run by **Registering Early!**

Programs must meet minimum registration to run. If a program needs to be cancelled, there will be a full refund to the participants and a minimum of 5 business days' notice given. Withdrawal from a program requires 5 business days. You will receive a full refund minus a 10% administration fee. Withdrawals with less than 5 days' notice are not eligible for a refund.

Developmental Domains



Social Competence



Language & Thinking



Physical Health & Well-Being



Emotional Maturity



Communication Skills &
General Knowledge

CHILD & YOUTH PROGRAMS

Devon Community Indoor Playground



Spend some quality time with other parents while your children get to play. We have ride on cars, slides, climbing areas, a playhouse, kitchen, and many other fun toys. Once per month there is a hosted session that focuses on the five developmental domains. Drop-in only, no registration required.

Date:	Thursdays starting October 14
Time:	9:30am-11:30am
Location:	Braun Hall, Community Centre
Age:	0-6 years (accompanied by parent)
Cost:	No Fee

For more info check us out on Facebook. Parents are responsible for the active supervision of their children and helping with set-up & take-down.

Let's Play



Join early childhood expert, Kathy, for four weeks of parent-led programming fun for children aged 0-6. Each week there will be a new theme with materials and activities that enhance learning and creativity, engage the senses and build skills. Limited space available. Open to Devon residents or those who have a child in a Devon daycare, preschool, day home, or school. One session registration per child. Registration opens three weeks prior to each session.

Date & Time	Thursdays September 9 – 30
Session 1:	10:00am-11:15am
Date & Time	Mondays Nov 1 – 22
Session 2:	9:30am-10:15am
Date & Time	Mondays Nov 29 – Dec 20
Session 3:	9:30am-10:15am
Location:	Braun Hall, Devon Community Centre
Age:	0-6 years (accompanied by parent)

Cost: Free

Registration Deadline: Session One September 2, Session Two Oct 25, Session Three Nov 22

Note: We are encouraging adults to wear masks and to social distance, but it is not mandatory. Sanitization is still required.

Shake, Rattle & Roll!



This fun, four-week program is based on the power of positivity while building social competence, emotional intelligence and physical development. We are going to make friends while learning to encourage others to succeed! There is limited space. Open to Devon residents or those who have a child in a Devon daycare, preschool, day home, or school. One session registration per child. Registration opens three weeks prior to each session.

Date:	Session One, Mondays, Nov 1 – 22 Session Two, Mondays, Nov 29 – Dec 20
Time:	10:30 – 11:15am
Location:	Braun Hall, Community Centre
Age:	0-6 years (accompanied by parent)
Cost:	Free

Registration Deadline: Session One Oct 25, Session Two Nov 22
Note: We are encouraging adults to wear masks and to social distance, but it is not mandatory. Sanitization is still required.

Outdoor Sportball

Parent & Child



You've made the team! Sportball Parent & Child focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and more. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills.

Date:	Saturdays, Sep 11 – Oct 2
Time:	10:00am-10:45am
Location:	Outdoor Soccer Fields by Devon Community Centre
Age:	2-4 years (Accompanied by parent)
Cost:	\$63/4 sessions
Registration Deadline:	September 6

Outdoor Sportball Multi-Sport



Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina, and timing in a fun, supportive, non-competitive setting that emphasizes teamwork.



Date:	Saturdays, Sep 11 – Oct 2
Time:	11:00am-12:00pm
Location:	Outdoor Soccer Fields by Devon Community Centre
Age:	5-7 years (parent must stay on location)
Cost:	\$63/4 sessions
Registration Deadline:	September 6

Fidget Making Workshop

Fidgets are a self-regulation tool to help with focus, attention, calming and active listening. They are useful in releasing restless energy. Join this workshop to have some fun making your own! Devon residents & child registered in Devon school only.

Date:	Wednesday, September 22
Time:	6:00pm-7:30pm
Location:	Devon Community Centre – Claypool room
Age:	8-12
Cost:	No Fee
Registration Deadline:	September 8 <i>*Devon residents only</i>

Baking Therapy for Youth

The Town of Devon is partnering with Proofed: Baking Therapy and Counselling to provide a baking mental health workshop! Come participate in two sessions of baking therapy that will be facilitated by a mental health counsellor. Youth will engage in the therapeutic act of baking as they discuss

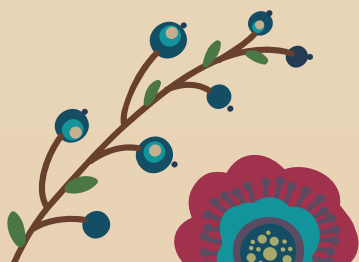
topics that touch on mental health and wellbeing. Everyone will go home with their baked goods. Come bake and feel great!

Date:	Tuesdays, November 2 & 9
Time:	6:00pm-8:00pm
Location:	Devon Community Centre – Kitchen
Age:	13-17
Cost:	No Fee
Registration Deadline:	October 19 <i>*Devon residents & child registered in Devon school only</i>

Red Cross Stay Safe! Course

This program provides school-aged children with injury prevention and first aid knowledge and skills. It gives them the confidence to respond appropriately to emergency situation while staying home alone.

Date:	Saturday, November 6
Time:	9:00am-1:00pm (Please bring your own snack)
Location:	Devon Community Centre
Age:	8-12 years
Cost:	\$20
Registration Deadline:	October 29



Red Cross

Babysitting Course

This is a child care course for ages 11-16 who may be responsible for the care and supervision of younger children.

Date:	Saturday, November 13
Time:	9:00am-4:00pm (Please bring your own bagged lunch)
Location:	Devon Community Centre
Age:	11-16 years
Cost:	\$30
Registration Deadline:	November 5

FAMILY PROGRAMS

Games Night

Gather your friends and families to enjoy an evening out for a drop-in games night! Check out the huge variety of board games to play from old family favourites to new puzzles and cooperative games. All ages are welcome to attend, parental supervision may be required.

Date:	Sep 9 & 28, Oct 15 & 26, Nov 12 & 23, Dec 9
Time:	6:30pm-8:30pm
Location:	Devon Community Centre
Cost:	Free
Ages:	All ages welcome
Registration Deadline:	None, drop-in

120 Minute Challenge

Three days, two prizes, one weekend! Choose any one weekend during June (Friday – Sunday) – take a minimum of 120 minutes over the three days and spend it focused on your family, doing at least three different activities together. Any activity counts as long as it's done with intention.

Anyone is welcome to participate but only Devon residents or those with a child registered in a Devon school are eligible to be entered to win a prize, worth \$100 each.

For full details and how to enter:

www.devon.ca/120minutes

Questions or more info: **FCSS@devon.ca**
or **780-987-8325**

Local Youth Experience

"MAKE THE FRIENDS THAT YOU DIDN'T KNOW YOU NEEDED"

OPEN 5 NIGHTS A WEEK (SEPT-JUNE)	AGES 11 - 17	100% FREE
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OPEN WEDNESDAY NIGHTS
IN JULY AND AUGUST

FIND MORE INFO ON WWW.LOCALYOUTHEXPERIENCE.COM



Crafting with Dad

Girls and boys grab your Dad (or any other significant male role model in your life) and join us for a fun evening making a cool craft together to keep or share – just in time for Christmas!

Date:	Friday, December 3
Time:	6:30pm-8:00pm
Location:	Urban Whyte (17 Athabasca Ave unit 112)
Ages:	Suitable for ages 8+ and their adult
Cost:	\$10 per child
Registration Deadline: November 22 <i>*Devon residents & child registered in Devon school only</i>	

Family Christmas Bingo

Fun for all the family. Suitable for children of all ages. Please note, this is for families together and is aimed at those with younger children and youth and anyone registering will need to have at least one person under 17 in their group. Open to any Devon family or any family with a child registered at a Devon school. Small gift card prizes.

Date:	December 9
Time:	6:30pm-7:30pm
Location:	Devon Community Centre
Age:	Families with children and youth 17 and under attending
Cost:	Free
Registration Deadline: December 2	

ADULT PROGRAMS

Watercolour Workshops

Join local artist David James to learn all about watercolours and make your own piece of artwork. Sessions will progress in difficulty with watercolour theory and learning proper technique. All supplies are included, small class size.

Date:	Mondays, October 4 – December 6 (no class October 11 or 18)
Time:	7:00pm-9:00pm
Location:	Devon Community Centre
Age:	Adults
Cost:	\$100/8 classes
Registration Deadline: September 20	

Alberta Blue Cross 65+ Explained

Join us to hear from Alberta Blue Cross about what benefits fall under the premium free program when you turn 65, as well as other options that may be available to you. Open to residents from all the Leduc region.

Date:	Thursday, September 16
Time:	1:30-2:30pm
Location:	Zoom
Age:	Adults
Cost:	No Fee
Registration Deadline: September 9 <i>To Register call 780-987-8308 or email CSOC@devon.ca</i>	

Seniors Coffee Chat and Update

Join in online to connect with others for a friendly chat and hear an update about programming from the Town. Bring your cup a joe from the comfort of your home.

Date:	Fridays, Sept 24, Oct 29, Nov 26, Dec 17
Time:	10:00-11:00am
Location:	Zoom
Ages:	60+
Cost:	Free
Registration Deadline: None <i>Phone 780-987-8308 or email CSOC@devon.ca</i>	

Build a Terrarium

It's time to see some green plant life and get your hands in the dirt! Glass Earth Plant Store is coming to Devon and will lead you through to create your very own terrarium.

Date:	Friday, October 1
Time:	7:00pm-8:30pm
Location:	Devon Community Centre
Ages:	Adults
Cost:	\$20
Registration Deadline: September 20 <i>*Devon residents only</i>	

Light Strength & Conditioning

This is a beginner strength class, no experience is required. This class is suitable for those wanting to start strength training and adults 50 and older who would like to start working on strength training.

Equipment needed: yoga mat, light dumbbells (2,3,5 lbs). If you need access to equipment, please contact us at programs@devon.ca or 780-987-8332.

Precautions to take if you are 50 and older. Strength training is not dangerous if these precautions are taken:

- Talk to your doctor
- Take advice about medications
- Drink sufficient fluids – more if it's hot
- Stop if something hurts – other than the discomfort of muscular effort
- Start slowly and work up to heavier weights and more repetitions to suit your existing level of fitness and capability



DROP-IN RECREATION

A variety of drop-in programs are organized throughout the year, including badminton, basketball, pickleball and more. Programs are offered to a variety of ages. Curious about what we have offered? Check devon.ca/dropin for updates!

Date:	Session 1, Tuesdays September 21 – October 19 (no class Sep 28) Session 2, Tuesdays November 2 – December 7 (no class Nov 23)
Time:	7:30pm-8:00pm
Location:	Devon Community Centre
Ages:	Adults
Cost:	\$40/5 sessions
Registration Deadline:	Session 1, September 14 Session 2, October 26

Dance Fitness

Get your groove on while getting active! Dance fitness is suitable to those starting their journey to a healthy lifestyle and modified to suit the needs of the active mature participant. All fitness levels welcome.

Date:	Session 1, Tuesdays September 21 – October 19 (no class Sep 28) Session 2, Tuesdays November 2 – December 7 (no class Nov 23)
Time:	6:30pm-7:15pm
Location:	Devon Community Centre
Ages:	Adults
Cost:	\$50/5 sessions
Registration Deadline:	Session 1, September 14 Session 2, October 26

Community Connections Café

Hear informative presentations by local Devon and area folks about a variety of topics, all within the subject of “well-being”. This is a great way to meet and connect with people in our area, share knowledge, and learn new topics. This is a recurring monthly event. For more information, contact Heather or Cyndie at **780-987-8300**.



Date:	2 nd Tuesday of each month
Time:	7:00pm-8:30pm
Location:	Devon Community Centre
Age:	Youth 15+ and Adults
Cost:	Free
Registration Deadline:	None

Sharing Circle

Join Bernadette Iahtail of Creating hope Society for a series of four sharing circles. Sharing circles have been used by Indige-

nous Peoples for centuries to provide a safe and caring space for everyone to talk and receive knowledge, guidance and support. If you need support during this time, would just like to talk or want to join in for some social interaction, we welcome you. Open to all. This is a safe, respectful space. Hosted in partnership with Devon FCSS.

Date:	Thursdays Oct 7 – 28
Time:	6:30pm–7:30pm
Location:	Devon Community Centre – Claypool room
Age:	Youth 15+ and Adults
Cost:	Free
Registration Deadline:	Email Mitch at mwincentaylo@devon.ca by Oct 5

Virtues Pick Café

Join us online for a positive and uplifting coffee morning every Tuesday for six weeks to explore what Virtues are, what they may mean to you, how to recognize them in yourself and others and why they are important, while learning how to be your best self and enhance your relationships. This is very low key and designed to create a sense of community, connection and enhancement of

how you view yourself and others. Everyone is Welcome – we encourage people to come to as many of the six sessions as they can, but full attendance is not mandatory.

Date:	Tuesdays, Oct 5 – November 9
Time:	10:30am-12pm
Location:	TBC, check the Devon FCSS Facebook page for updates!
Age:	Youth 15+ and Adults
Cost:	Free
Registration Deadline:	None Contact Heather at hacres@devon.ca

Social Knitwork

Do you like to knit/crochet or wish to learn? Join us for some social hobby time! Come with your project, be introduced to new ones or simply just start knitting. Share ideas, inspirations and tips. Experienced volunteers will be available to help beginners learn.

Date:	Mondays, Oct 18-April 25 (excluding Dec 27, Jan 3, Feb 21, April 18)
Time:	6:30pm-8:00pm
Location:	Devon Public Library

DALE FISHER ARENA



Ice skating helmets are mandatory for all participants 18 and under and strongly recommended for all participants during ice activity. No hockey sticks during public skate.

ONLINE ARENA SCHEDULE AND UPDATES:

1. Go to devon.recdesk.com
2. Click on calendar
3. Choose Dale Fisher arena from the drop down menu.

Public Skating



All levels of skaters welcome

Monday & Wednesday	12:00-1:00pm
Tuesday & Thursday	1:15pm-2:15pm
Thursday evening	6:15pm-7:15pm
Saturday & Sunday	3:30pm-4:30pm

Adult Noon-Hour Shinny

Tuesday & Thursday	12:00pm-1:00pm
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Parent & Tot Skating



Monday & Wednesday	1:15pm-2:15pm
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Program times are subject to change. Please refer to RecDesk calendar for updates.

32 HAVEN AVENUE • 780-987-4242



Age: Adults, Ages 8+ welcomed must be accompanied by an adult

Cost: No fee, bring your own materials. Limited FREE starter packs available.

Registration Deadline: Drop In
Call 780-987-8308 to confirm free starter pack availability. While supplies last.

Youth and Cannabis Use

Providing balanced and evidence based information about the new cannabis landscape for youth, this webinar will provide parents, adults and professionals involved in young people's lives with resources supporting an open dialogue with youth, helping youth with their informed decision-making process about cannabis use.

Date: Wednesday, October 20

Time: 6:30pm–7:45pm

Location: Virtual

Age: Adults

Cost: Free

Registration Deadline: October 13

Introduction to the Virtues

This two-part course focuses on 52 virtues honored by all cultures and the five life skill strategies of The Virtues Project™. Participants will:

- Learn the Language of Virtues to bring out the best in ourselves and others
- Learn to enhance all relationships
- Replace negative thinking and speaking with new empowering habits
- Recognize teachable moments as opportunities for our growth
- Set clear boundaries for healthy relationships
- Develop simple practices to inspire and aspire
- Develop the skill of Companionship, a powerful counseling tool for discernment, conflict resolution, and healing

Date: October 21 & 22

Time: 9:00am–4:00pm
(bring your own lunch)

Location: Devon Community Centre – Claypool room

Cost: Free

Register: hacres@devon.ca or 780-987-8300 by October 15

Go to www.virtuesproject.com for more information on The Virtues Project which is being used in more than 100 countries

Trauma Informed Care (Community Version)

This community focused session explores the role that traumatic experiences can have in people's everyday life. Trauma is part of human experience and working from a trauma informed lens acknowledges the prevalence of trauma within the population. The hope of sharing this information is that together we can create a kinder more generous community for everyone. Please note, sensitive topics may be discussed.

Date: December 1

Time: 6:00pm–9:00pm

Location: Devon Community Centre – Claypool room

Age: Adults

Cost: Free

Register: 780-987-8325 or FCSS@devon.ca by November 22

Mini Feather - Macrame Workshop

Looking to get into a new craft? Join us for an intro to macramé and make your own mini feather piece! Each registration includes supplies and facilitation.

Date: Thursday, November 4

Time: 6:30pm–8:30pm

Location: Devon Community Centre

Ages: Adults

Cost: \$25

Registration Deadline: October 26

Stress Reduction Series

Stress is a natural part of life. However, it can become toxic and have a negative impact on our lives. Learn strategies to help manage and reduce stress in your life. This series will be focused on mindfulness practices.

Date: Wednesdays, November 3 – November 24

Time: 6:30–8:00pm

Location: Devon Community Centre – Claypool room

Ages: Adults

Cost: \$15 Devon residents
(\$30 non-resident)

Registration Deadline: October 20

Seniors Connect - Scattergories

Let's go Devon! Come gather as a team in some friendly competition against our neighbouring communities. Playing Scattergories as one team (in-person) we will virtually see our opponents (on the big screen) in Beaumont and Leduc. Prizes and bragging rights are one the line. If you have not played Scattergories before, no worries, it is super easy and there will be a team leader to help get the victory.

Date: Thursday, November 4

Time: 1:30pm–3:30pm

Location: Devon Community Centre

Ages: Adults 65+

Cost: Free

Registration Deadline: October 28
To register, call 780-987-8308 or email CSOC@devon.ca

Pace of Grace

This two-part program is based on Linda Kavelin Popov's book, a Pace of Grace, and is designed to help us live a more peaceful and joy-filled life! A Pace of Grace helps us to reclaim our energy, our time, and our health. Simple practices grounded in the virtues of a sustainable life open us to a new flow of peace and grace. It contains inspiration for wellbeing, which can free us from stress and support us to live with joy, balance and vitality.

Date: Nov 23 & 24

Time: 9am – 12 noon

Location: Devon Community Centre – Claypool room

Age: Adults

Cost: Free

Register: hacres@devon.ca or 780-987-8300 by November 15

Trivia Tuesdays

Know your music, general knowledge? Want to get out and have a fun night in the fall? Play alone or with a team – your choice! We encourage a maximum of five per team. Prize each week. Part of the #YouGotThis Adult series.

Date: October 19 – November 23

Time: 6:30pm–8:00pm

Location: Marci's

Age:	Adult based questions, but families are welcome
Cost:	Free
Registration Deadline:	None

Drop-In Indoor Winter Walking

Do you need a free, safe space to walk indoors away from the ice and snow? You can drop in anytime between the hours below.

- This is provided as a space to walk and is not a set program.
- Participants are responsible for their own safety.
- Outside footwear must be removed.
- No strollers, scooters or pets

Dates:	October 13 – April 13, 2021
Current availability:	Mondays and Wednesdays
Time:	9:30am–11:30am
Location:	Devon Community Centre – Main Hall

*See online community events calendar for closure dates and updates.

Check 'n' Chat Friendly Connection Service

This is a new service that will be starting in November. Open to anyone who may welcome a weekly check in and chat with a community volunteer. Volunteers will have basic training, information on resources, and can offer a friendly ear to help keep you feeling connected to your community. They will be screened for a criminal record check.

Please note, they are not trained counsellors and will not be able to provide personal details or meet in person. If at any time you are in distress or the volunteer feels concerned, then you will be redirected to professional support.

If you have questions or would like to register for this service please call **780-987-8325** or email **FCSS@devon.ca**

72- Hour Emergency Planning - Are You Prepared?

What would you do in an emergency? Join expert presenters from the Alberta Emergency Management Agency to learn about the current realities of emergency management, three simple steps to preparedness,

the barriers that may be encountered and how to make a 72-hour emergency kit.

Date:	Thursday, November 25
Time:	6:30pm-8:30pm
Location:	Devon Community Centre – Claypool room
Age:	Adults
Cost:	Free
Register:	780-987-8325 or FCSS@devon.ca by November 17

Sciences of Hope and Resiliency (Community Version)

This session supports communities with the fundamental elements of brain science with a focus on the strengths of knowing how this can positively impact individuals and organizations within a community. The interactive session uses a common language and includes content related to brain structure, unconscious responses of fight, flight, freeze and fawn and roles of different parts of the brain. In addition, we explore the role adverse childhood experiences and Covid-19 as they related to brain development in partnership with the tools of resilience.

Date:	October 27
Time:	6:00pm-9:00pm
Location:	Devon Community Centre – Claypool room
Age:	Adults
Cost:	Free
Register:	780-987-8325 or FCSS@devon.ca by October 20



SENIORS TEA & JINGLES

Seniors Tea & Jingles is offered for seniors 65+ in Devon. Save the date for Wednesday, December 15! More details to come closer to the date.

Questions? Call **780-987-8308** or email **CSOC@devon.ca**

Trivia Nights – Christmas Special

Think you know Christmas? Put a little jingle into the evening with this fun, festive focused trivia night. Prizes for the winners and runners up!

Date:	Tuesday, December 14
Time:	6:30pm-8:30pm
Location:	Marci's
Age:	Adults – families are welcome
Cost:	Free
Registration Deadline:	None

Holiday Chocolate Mixers Gift Kit

Make your own chocolate spoon mixers at home and spread holiday cheer neighbours, family, friends or teachers! Each kit comes with cellophane wrapping, small wooden spoons, chocolate melt and assorted decorations (peppermints, sprinkles, or other as decorations may vary). Makes 10-12 spoons, all food included is pre-packaged and sealed.

Date:	Friday, December 10 <i>Approximate delivery date</i>
Time:	Daytime
Location:	Doorstep Delivery
Age:	Suitable for ages 5+ with adult supervision. Adult must register.
Cost:	\$15
Registration Deadline:	November 29 or until quantities last



INDIGENOUS-BASED PROGRAMS

We offer various cultural based programs and events throughout the year including beading workshops, speaker presentations and many others. We are committed to strengthening the relationship with Indigenous Peoples across the land, as well as supporting our Indigenous and non-indigenous residents through cultural programming and events. Partnering with Indigenous Nations will allow for our communities to come together to learn about various Indigenous cultures, languages and traditions.

For a current list of upcoming events and programs, go to devon.ca/indig-events.



the kindness project kindness

noun: the quality of being friendly, generous, and considerate

did you know that acts of kindness are a key contributor to mentally healthy communities?

kindness, as research has shown, also makes us happier, improved physical health, slows ageing and improves relationships.

let's start a conversation about kindness in Devon...

**For more information, contact:
Heather at hacres@devon.ca**

#YouGotThis

*the kindness conversations.
let's talk...*

- can you share an experience of when someone showed kindness and it had a positive impact on you?
- can you share a story about a time where you showed kindness? how did it make you feel?
- do you consider Devon to be a kind community? can you give an example?
- if Devon was known as one of the kindest communities, what would that look like?
- what could you do to help show kindness in Devon?

...because kindness matters

Everyone's Community Bus!



CURRENT SCHEDULE (subject to change each year)

DAY	DESTINATION	SCHEDULE	PICK UP	DEPART
Mon.	Leduc <i>*Service to Leduc is subject to change based on COVID-19 restrictions.</i>	Year Round	9:00	1:00 pm
Tue.	Devon	Year Round	9:30 am	3:30 pm
Wed.	Service temporarily suspended			
Thu.	Devon	Year Round	9:30 am	3:30 pm
Fri	Available for private rental			

- Devon service is available ANYTIME during the hours listed – call for a ride.
- Shopping service available (purchase/delivery)
- Door to door service within Devon.
- We can now take children of all ages
- Masks are mandatory, until otherwise notified

Ring & Ride
780-910-1960

Pricing (round trip)

\$5.00 - Devon

\$10.50 - Leduc

.....

Rent the bus
ASK US HOW!

.....

Visit
devon.ca/bus
for details and updates

