

DEVON FALL PROGRAM GUIDE

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Town of Devon Fall Programs



PROGRAM CANCELLATIONS & WITHDRAWALS

Programs must meet minimum registration to run. If a program needs to be cancelled, there will be a full refund to the participants and a minimum of 5 business days' notice given. Withdrawal from a program requires 5 business days. You will receive a full refund minus a 10% administration fee. Withdrawals with less than 5 days' notice are not eligible for a refund.

OH NO...WE CANCELLED THE PROGRAM!

Excellent programs are sometimes cancelled when everyone waits until the last minute to register. Decisions about class cancellations are made one week prior to class start dates. Please make sure classes run by **registering early!**

DID YOU KNOW...

...that financial assistance for Town of Devon run programs is available through the Participation Fund?

The Town of Devon believes in creating an inclusive community where all residents can lead a healthy and active lifestyle regardless of economic circumstance. Families are automatically approved if they are in receipt of AISH, EI or Alberta child / adult health benefits. Other funding is determined by family income and size. Maximum allowance is \$230 per family per year. Visit www.devon.ca to complete the online form. Or call 780-987-8325 / fcss@devon.ca for more information or a copy of the form.



Fall Events

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September 7

6:30-8:00pm

Community Awareness Night

October 28

6:00-9:00pm

Family Halloween Dance

November 26

4:00-8:00pm

Christmas in the Park



Family & Community Support Services

WHAT IS FCSS AND HOW CAN WE HELP YOU?

FCSS or Family & Community Support Services is a preventative program designed to support individuals and families that may need help with some of the things life throws at them. By working in partnership with community groups and organizations, schools, and regional colleagues we are able to assist with:

- Subsidized counselling (where eligible)
- In-home outreach support for families experiencing particular issues
- General referral / guidance to reach other services (such as housing, food, mental health)
- Seniors assistance
- Tax assistance program
- Short courses on parenting, healthy eating, babysitting, teen awareness issues and many more

Regardless of background, many people need help at some point and whether it is for you, a family member, colleague or a friend, we are here to offer assistance and aim to help get you to the service you need quickly.

EARLY CHILDHOOD RESOURCES GUIDE

Comprehensive information relating to children aged six and under - services, programs and activities - for the town as a whole can be found online at www.devon.ca, at the town office, in your preschool, kindergarten or day-care centre and various other locations around town, or to request a copy call 780-987-8325.

SNOW BUSTERS WANTED!

Do you have some time to spare? Can you offer someone in need assistance on a regular or even ad-hoc basis? Even if you can only do one hour every so often, you may be able to help someone who desperately needs it for yard work and / or snow shovelling. This service is aimed at helping low income seniors, disabled and temporarily infirm residents of Devon.

How it works...

Be a Registered Snow Buster

To go through the FCSS program where inquiries come in from the public to request help, all volunteers need to get a criminal and vulnerable persons check (at no cost to you). Under 16s will need authorization from their parent / guardian. When all that is done if anyone calls needing help, an email gets sent to all volunteers on the list and whoever can help out responds directly to the client. Easy – you only do what you can do, no pressure.

Be an Independent Snow Buster

Want to help but only your neighbours or block? If you can't or don't want to sign up to be a volunteer through FCSS but are still willing to help out... let your neighbours know – there are probably people who really need support on your street to help them get in and out of their homes.

Be a Business Snow Buster

If you have a Devon business license and offer snow clearing as a service, call the office and get on the list of providers. Do you offer discounts? What are your prices? Let us know so we can share it!

In ALL cases: if you are planning to use an ATV or other off highway vehicle to support you clearing snow, you must register for a license with the Town of Devon Bylaw Department.

Benefits to you...

Looks good on your resume for work or college, it feels good to help people, contribute to your community, help build up skills, get you active, gain confidence and knowledge that you make a positive difference.

Call 780-987-8325 to register or apply.

COMMUNITY SERVICES OUTREACH

Older Adults and 65+

Community Service Outreach – Older Adults and 65+ Support program is there to connect you to available resources, assist with applying for benefits and subsidies, coordinate temporary short term respite (via our service providers), and can provide referrals to other agencies. The service coordinates and hosts

information sessions, events and activities for older adults.

65+ Support also offers two housekeeping programs, both of which are available to clients aged 65 or over and / or clients with disabilities / restrictive medical needs. These services are available with or without subsidy (following an income based assessment).

Youth and Family

This program offers short-term support through one-on-one visits that assist individuals or families to make healthy skill-based improvements in their lives. It is available to children, teens and families in need. The program strives to enhance, strengthen and stabilize families who are experiencing life stress and/or change. Each family circumstance is unique. Family strengths, assets and action-planning will be utilized. Reasons for referrals may include separation or divorce, loss, communication/conflict, parenting strategies, budgeting and more.

For more information on either program, call at 780-987-8308 or email CSOC@devon.ca

IT'S GOOD TO TALK - SUBSIDIZED COUNSELLING SERVICE

Sometimes you might need some additional support to help you through a difficult or stressful time and a referral to mental health services doesn't seem appropriate. We can help eligible families to receive a limited number of subsidized counselling sessions.

Devon FCSS works together with Karunia Counselling and Family Counselling Centres. Subsidies are based on income. Broadly - for those who do not have children under 18 living at home, you may qualify if you earn less than \$50,000 per household and for those with children under 18 at home this threshold increases to \$75,000.

For a subsidized referral please contact FCSS Coordinator at 780-987-8325.

CONTACT FCSS: 780-987-8325
FCSS@devon.ca



Child & Youth Programs

EARLY DEVELOPMENT INSTRUMENT

As part of our ongoing commitment to the children of Devon, the programs we offer are being purposefully created with one or more of the five developmental domains in mind. Where you see the symbols by the programs you will know what domains they primarily focus on.

DEVELOPMENTAL DOMAINS:



Physical Health & Well-Being:

Encouraging physical growth and independence, gross and fine motor skills and coordination.



Social Competence:

Encouraging playing well with others, curiosity about the world, respect for adults and other children, behavior and following rules / instructions, independence, self-confidence and eagerness to explore new things.



Emotional Maturity:

Encouraging age-appropriate emotional understanding, empathy, reflection, controlled actions (thinking before doing).



Language & Thinking:

Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



Communication Skills & General Knowledge:

Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.



Arabesque

Parents and Tots

Parents and Tot classes focus on the first level of LTAD: Active Start learning FUN-damental movements such as running, jumping, twisting, kicking, throwing, catching, and link them together into play. Parents will be actively involved.

Date:	Wednesdays, Sept 28-Nov 16
Time:	9:30am – 10:15am
Location:	Claypool Room, Community Centre
Age:	2-3 years
Cost:	\$75
Registration Deadline:	September 21

Rainbow Rhythmics

At the Rainbow Rhythmics level, we focus on learning fundamental movements (running, jumping, twisting, kicking, throwing, catching) and link them together into play, as well as learning fundamental skills and building overall motor skills by focusing on the ABCs of athleticism – agility, balance, coordination, and speed. For your first class wear as many colours as you want!

Date:	Wednesdays, Sept 28-Nov 16
Time:	10:15am – 11:00am
Location:	Claypool Room, Community Centre
Age:	3-5 years
Cost:	\$75
Registration Deadline:	September 21

Sportball Parent & Child

You've made the team! Sportball Parent & Child focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, songs, rhymes, stories, bubble time and more. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills.

Date:	Saturdays, Sept 24 – Nov 26
Time:	9:00am – 9:45am
Location:	Robina Baker Elementary School
Age:	2-3.5 years (Accompanied by parent)
Cost:	\$155/10 sessions
Registration Deadline:	September 19

Sportball Coach & Child

This program will help kids ages 3 and up develop independence and build confidence by attending classes “all by themselves.” Coaches engage younger children with creative storylines and special themes and connect with older kids as leaders and mentors. Parents and caregivers are asked to remain outside during Coach & Child classes to minimize distractions and encourage kids to participate on their own.

Date:	Saturdays, Sept 24 – Nov 26
Time:	10:00am-11:00am
Location:	Robina Baker Elementary School
Age:	3.5-5yrs
Cost:	\$155/10 sessions
Registration Deadline:	September 19

Sportball Multi-Sport

Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork.

Date:	Saturdays, Sept 24 – Nov 26
Time:	11:00am-12:00pm
Location:	Robina Baker Elementary School
Age:	5-7yrs
Cost:	\$155/10 sessions
Registration Deadline:	September 19

Red Cross

Babysitting Course

This is a child care course for ages 11-14 who may be responsible for the care and supervision of younger children.

Date:	Saturday, October 1 (Please bring a bag lunch)
Time:	9:00am – 4:00pm
Location:	Claypool Room, Community Centre
Age:	11-14 years
Cost:	\$25
Registration Deadline:	September 26



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Red Cross PeopleSavers Course (Formerly Home Alone Safety)

This program provides school-aged children with injury prevention and first aid knowledge and skills. It gives them the confidence to respond appropriately to emergency situations. We will focus on levels 3 & 4 for ages 8-12.

Date & Time:	Saturday, October 29 (please bring a bag lunch)
Location:	Claypool Room, Community Centre
Age:	8-12 years
Cost:	\$25 first child, \$10 per sibling
Registration Deadline:	October 7

Stay n Play (drop-in)

Drop in and enjoy an interactive playtime with your child. By following their lead you can support their play while building self-confidence and self-esteem. You will discover how to encourage your child to develop a love of learning through play!

Date & Time:	Every Tuesday, 9:00am – 12:00pm
Location:	Old Primary School House (5 Jasper Court)
Cost:	Free
Hosted by:	Leduc Parent Link
Call:	780-955-3555 ext. 3290
Web:	www.leduc-county.com

Devon Community Indoor Playground

Spend some quality time with other parents while your children get to play. We have plasma cars, slides, climbing areas, a playhouse, kitchen, and many other fun toys. Light snacks and refreshments provided. Register full year online or in person – half year and drop in must be paid in person.

Date:	Thursdays, Sept 22-May 25
Time:	9:30am – 11:30am
Location:	Braun Hall, Community Centre
Age:	0-6 years

Cost:	Full year \$40, half year \$25 (after Feb 1) or drop in \$5 per family
Special Events on:	Oct 27, Dec 15, Feb 9, Apr 6 and May 25. For more info check us out on Facebook.
<i>Parents are responsible for the active supervision of their children and helping with set-up & take-down.</i>	

Family & Adult Programs

FAMILY PROGRAMS

Games Nights

Gather your families and friends and enjoy an evening out at the Devon Community Centre for a drop in games night. Check out the huge variety of board games to play from old family favorites to new puzzles and cooperative games! All ages are welcome to attend. Refreshments are provided.

Date:	Aug 26, Sept 15, Sept 30, Oct 12, Oct 28, Nov 10, Nov 24, Dec 15
Time:	6:30pm-8:30pm
Location:	Claypool Room, Community Centre
Cost:	Free

Drop In Basketball

Drop in to play some basketball on Wednesday evenings! Please bring your own equipment and indoor shoes. All ages are welcome, no registration required.

Schedule & cancellations posted on community calendar at www.devon.ca. All abilities welcome.

Date:	Wednesdays, Oct 5 – Dec 14
Time:	6:30pm – 8:30pm
Location:	Riverview Middle School Gym
Cost:	Free

Vietnamese Cuisine

Traditional Vietnamese cooking is greatly admired for its fresh ingredients, with the balance between fresh herbs and meats to cook to reach a fine taste; Vietnamese food is considered one of the healthiest cuisines worldwide. Yixin will demonstrate how to make authentic Vietnamese cuisine spring rolls, salad rolls and rice plate.

Date:	Tuesday, September 13
Time:	6:30pm-8:30pm
Location:	Devon Community Centre Kitchen
Age:	All ages
Cost:	\$30 (includes GST)
Registration Deadline:	September 6

Japanese Cuisine

Expensive ingredients like salmon, flying fish eggs, shrimp, arctic surf clam, sushi rice and avocado. Come to join us on Tuesday, October 5 to learn how to make beautiful sushi and sashimi.

Date:	Tuesday, October 4
Time:	6:30pm-8:30pm
Location:	Devon Community Centre Kitchen
Age:	All ages
Cost:	\$35 (includes GST)
Registration Deadline:	September 27

Authentic Chinese Cuisine

Gaozi, is north part of China cuisine. Make with all-purpose flour, ground meat, add your flavoured vegetables, and cook in varied ways. They are one of the major foods eaten during the Chinese New Year. Gaozi are popular in other parts of Asia and in Western countries. Do you want to learn how to make authentic Chinese Gaozi? Come to join us at Devon



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Community Centre kitchen to learn how to make from demonstrations and hands on teaching from Yixin.

Date:	Tuesday, November 8
Time:	6:30pm-8:30pm
Location:	Devon Community Centre Kitchen
Ages:	All ages
Cost:	\$30 (includes GST)
Registration Deadline:	November 1

Asia Cuisine Hotpot

Hotpot is very popular dish in most of Asia country, also called fondue. Ying yang pot, spicy soup base, herbs soup base, mushroom soup base, all you can make them your own. Add fresh vegetables- lettuce, snow peas, mushrooms, water chest, fresh tofu, seafood, sliced beef or lamb. Either you are vegetarian or meat lover, you will enjoy it. Want to get together with your friends in cold weather? Hotpot is the best party dish. Come and taste the authentic Asia cuisine hot pot on Tuesday, December 6.

Date:	Tuesday, December 6
Time:	6:30pm-8:30pm
Location:	Devon Community Centre Kitchen
Age:	All ages
Cost:	\$30 (includes GST)
Registration Deadline:	November 29

ADULT PROGRAMS

Drop In Basketball

Drop in to play some basketball on Wednesday evenings! Please bring your own equipment and indoor shoes. No registration required. Schedule & cancellations posted on community calendar at www.devon.ca. All abilities welcome.

Date:	Wednesdays, Oct 5 - Dec 14
Time:	8:00pm-10:00pm
Location:	Riverview Middle School Gym
Cost:	Free

Drop In Badminton

Drop in for a friendly pickup game! No need to register. Badminton runs weekly on Tuesdays, unless the school is unavailable. Schedule & cancellations posted on community calendar at www.devon.ca. All abilities welcome.

Date:	Tuesdays starting October 4
Time:	5:00pm-7:00pm
Location:	Robina Baker Elementary School Gym
Cost:	Free

Introduction to Belly Dance

Belly dance is a non-impact total body workout. You will learn the basic technique, shimmies, undulations, travelling steps and isolations as well as the posture and styling of belly dance. Join our six week session and increase your strength and body confidence by celebrating femininity through an ancient, life embracing art!

Date:	Tuesdays, Oct 4 - Nov 8
Time:	7:00pm-8:00pm
Location:	Braun Hall, Community Center
Cost:	\$85 incl. GST/ \$15 drop in fee
Registration Deadline:	September 27

Dance Fitness (Low Impact)

This Zumba inspired workout is 45 min of simple dance moves and choreography that anyone can do. A great low impact workout!

Date:	Mondays & Wednesdays starting September 5
Time:	5:30pm-6:15pm
Location:	Braun Hall, Community Center
Cost:	10 punch pass \$45 - includes GST
*Punch Pass valid for any 10 classes from September 2016 - June 2017	

Wiggle Giggle

A no impact workout focusing on the core muscles using rhythmic movements. This fun 45 min workout will have you wiggling and giggling.

Date:	Mondays, September 5
Time:	6:30pm-7:15pm
Location:	Braun Hall, Community Center
Cost:	10 punch pass \$45 - includes GST
*Punch Pass valid for any 10 classes from September 2016 - June 2017	

Older Adults Financial Information Session

This two hour workshop, hosted by Alberta Seniors and Service Canada, will include information about provincial programs for older adults who are either on the cusp of retirement and want to know what they can access or those already in retirement age. Topics covered will include provincial programs: Alberta Seniors Benefits, Special Needs Assistance for Seniors, Dental and Optical Program, and

Property Tax Deferral Program and federal programs: Canada Pension Plan, Old Age Security and Guaranteed Income Supplement.

Date:	Wednesday, October 12
Time:	2-4pm OR 6:30pm-8:30pm
Location:	Pioneer 73 Club
Cost:	Free
Registration Deadline: Oct 5. Call 780-987-8308 or email csoc@devon.ca to reserve your spot (indicate your name and which time)	

Introduction to The Virtues Project™: Awakening the Gifts of Character

Learn how to bring out the best in yourself and in others. This course focuses on 52 virtues honored by all cultures and the five life skill strategies of The Virtues Project™. Participants who complete this introductory course will be eligible to take The Virtues Project Facilitator training.

Date:	October 27 & 28
Time:	9:00am - 4:00pm each day
Location:	Devon Fire Hall
Cost:	\$52.50 (Includes lunch on both days and a set of Virtues Educator's Cards.)
Registration Deadline:	October 21

The Virtues Project™ Facilitator Program

This course focuses on practicing, deepening in, and facilitating the five strategies of The Virtues Project™ through activities, exercises, talks, and individual or team presentations.

Date:	November 8, 9 & 10
Time:	9:00am - 4:00pm each day
Location:	Devon Fire Hall
Cost:	\$157.50 (Includes the cost of the Leader's Manual CD (\$100 value) and lunch on all 3 days.)
Registration Deadline: November 1. Prerequisite: 2-Day Introduction to The Virtues Project™	

Caregivers Together

You may not see yourself as a caregiver. You might think you are just taking care of a person who needs you. You might think you are just doing what any wife, husband, sibling, child or friend would do. Start thinking of yourself as a caregiver and you will see how important your job is and how much support you might need.

The purpose of this group is to provide a safe, supportive and non-judgmental opportunity for people in a caregiver role to connect. The group will provide resource

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sharing and education in a fun, respectful and confidential way.

The group is open to new members at any time and is completely free – tea and coffee will be provided. Sessions for fall 2016, 2pm-3pm at the Roadhouse Grill (next to the Key West): September 29, October 27, November 24, December 22.

More information: 780-987-8308

Drop-In Indoor Winter Walking

October 17, 2016 – April 13, 2017

Do you need a free, safe space to walk indoors away from the ice and snow?

Current availability*: Mondays and Wednesdays, 9:30am–11:30am, Community Centre – Main Hall

Fridays, 9:30am–11:30am, Leduc #1

You can drop in anytime between these hours.

- This is provided as a space to walk and is not a set program.
- Participants are responsible for their own safety.
- Outside footwear must be removed.
- No strollers, scooters or pets.

*Closed October 25, December 5, 7, 14 & 26, and January 2.

Dale Fisher Arena

32 Haven Avenue • 780-987-4242

Check the recreation portal at www.devon.ca for the current ice schedule

CSA-approved helmets required for all children and youth and for all ages when pucks are on the ice. They are also strongly recommended for all participants during ice activity.

Public Skating

Free drop-in skating session for all ages and abilities. Sticks are not permitted during this time.

Thursdays 6:10pm-7:10pm

Saturday & Sunday 4:00pm-5:00pm

Public skating also on many school PD and Early Dismissal days

Adult Noon Shinny

Drop in, lace up your skates, put on your helmet and shoot the puck around with friends!

Monday – Thursday 12:00pm-1:00pm

Mixed Adult Shinny

Every 2nd Monday of the month 10:15pm-11:15pm

Parent & Tot Skating

Parents, grandparents or guardians: bring your pre-schoolers to the arena for self-led skating!

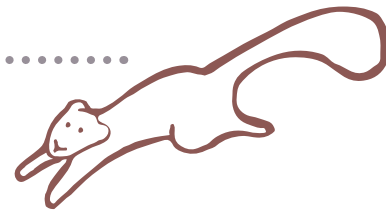
Mondays & Wednesdays 10:30am-11:30am

Adult Skate

All levels of skaters are encouraged to come out and strap on your skates.

Tuesdays & Thursdays 10:30am-11:30am

Everyone's Community Bus



RING & RIDE 780-910-1960

- available to Devon residents and limited service within Graminia area.
- door to door service within Devon.
- pick up service at scheduled meeting points for rural residents.
- available on bus days for your scheduled appointments in the Edmonton region.
- shopping, entertainment.
- fun trips – birthday parties, movie trips, special events.
- shopping, entertainment.
- we can transport your wheelchairs, mobility scooters, strollers, car seats, and shopping trolleys.

Call 780-910-1960 for pick up.
Save money – ask your bus driver about bus passes!

SCHEDULE

See schedule online.

PRICING (ROUND TRIP)

\$4.75 - Devon / **\$5** 2017

\$10.00 - Leduc, Spruce Grove, River Cree, Costco

\$15.50 - Malls (Bonnie Doon, Kingsway, Southgate, West Edmonton Mall)

Minimum numbers required

RENT THE BUS!

- fun trips – birthday parties, movie trips, special events.
- field trips for schools, daycare, preschool, and dayhomes.*
- get your community group to their concert, ball game, tournament, showcase, etc.
- the bus accommodates 20 people or 18 plus two wheelchairs.
- affordable rates
- due to liability, no alcohol related events

Rental request form online at www.devon.ca/Bus

*Transportation of Children – see our website for restrictions



Devon Adult Learning Council

Funding for Literacy and Foundational Skills provided by *Alberta* Advanced Education

The provincial community adult learning councils promote a vision that adults acquire and build on foundational learning skills through vibrant learning communities.

Fall 2016 is the beginning of several new programs for the Devon community! You are invited to drop by our office to find out "What's Happening" in and around our community, to look at our Job Board, to access Learner support services, to volunteer, or to sign up for a program. Everyone is welcome!

Conversation Café

Every Tuesday and Thursday, 2:00–4:00pm • No fee

Drop in for coffee and a visit with other adults who are learning English as a second language.

All programs and workshops require preregistration

ELL Self-study Video DVDs available to use during office hours

1 on 1 Tutoring for ELL, GED prep no fee for tutoring sessions. Ongoing intakes.

Proctor Services are Available

Literacy and Parenting Skills Program L.A.P.S.

Tuesdays, 6:00–8:00pm
12 sessions starting September 13
(Minimal materials fee can be subsidized for financially barriered learners)

This program is designed to meet the needs of people who wish to improve their literacy skills by using parenting issues and material. The intention is to provide a supportive learning environment where both literacy and parenting skills are studied and the background of each participant is respected. This is not a "how to" course; rather it provides options which participants may explore that will develop and strengthen literacy and parenting skills. We are asking the community to provide us with referrals of parents who could benefit from this program.

Parenting Skills Program

Thursdays, 9:30–11:30am • 12 sessions starting September 15 (Course fee TBD based on pending grant to subsidize program fee)

Topics include: Building Self Esteem in our Children; Let's practice Talking so the Children will Understand Us; Listening Skills; Positive Discipline; Why do Children Make me So Angry?; Conflict Management; Let's Talk about Food; Is My Home Safe for My Children?; Families as Teams.

Budgeting and Basic Finances

Thursday, November 3
6:00–8:00pm • No fee

Budgeting is a first step towards managing your finances. Opening your first bank account, interest, calculating percentages, tipping and more.

Tutor Training

Saturday, September 10
9:00am–1:00pm • No fee

This 1 day workshop will provide training for area residents who are interested in volunteering as an English Language or GED Tutor. Contact the DALC office for more information.

Get Comfortable with Computers LEVEL 1

Wednesdays, October 5, 12 and 19
1:00–3:00pm • 3 sessions \$30

This hands-on class is for those new to the computer. The class will show the basics from log in, mouse controls, tool bar uses, manage and search for files and basic email.

Get Comfortable with Computers LEVEL 2

Wednesdays, November 9, 16, and 23
1:00–3:00pm • 3 sessions \$30

This program is the next step after "Get Comfortable with Computers Level 1". You will learn how to navigate the internet, attach files through email, download pictures from your camera, internet safety as well as other valuable subjects to help you manoeuvre around the computer.

Resume and Cover Letter Workshop

Friday, October 14
9:00am–4:00pm • No fee

This 1 day workshop will provide you strategies that effectively present your assets to employers. Learn the "Do's and Don'ts" of resume writing, gain practical techniques and tips for creating a cover letter and targeting employers. Bring your current resume to use for reference. Deadline for registration is October 7.

First Time Homebuyers Workshop

Thursday, September 15
6:00–8:00pm • No fee

All your questions answered regarding mortgages and what to expect when purchasing your first home.

Reverse Mortgages

Thursday, October 20 6:00–8:00pm • No fee

Is a reverse mortgage right for you? Attend this information session and find out more. Be sure to have all your questions answered before you make a decision on this important option.

4G network: choosing a new cell phone to stay connected

Wednesday, October 19 6:30–8:30pm • \$10

Telus is moving to a new network in January 2017 and your current phone may no longer work! In this 2 hour information session you will learn more about which phones will best suit your individual needs and have a chance to discuss options before you make an investment.

ST. JOHN AMBULANCE FIRST AID TRAINING

Emergency and Standard First Aid -

Saturday and Sunday, October 15 & 16
8:00am–6:00pm

First Aid in Child Care - Saturday and Sunday,
November 5 & 6 • 8:00am–6:00pm

Call Instructor to register 780-987-2560 no later than 1 week prior to course date.



www.devonadultlearning.ca

112- 32 Athabasca Avenue • 780-738-3252

E: office@devonadultlearning.ca

www.devonadultlearning.ca

Office Hours: Tuesdays and Thursdays 11am to 5pm or call for an appointment



Devon Public Library

CHILDREN & YOUNG ADULT PROGRAMS

Baby Bunting

(ages 0-2 with caregiver)
Tuesdays, October 4 – December 6. 10:00-10:45 a.m. Registration is required. Focuses on the experience of adults and children enjoying the pleasure and power of using rhymes, songs, and stories together. Parents will be introduced to baby sign language with their infant.



Magic Time

(ages 2.5-5)
Wednesdays, October 5 – December 7. 9:30-10:30 a.m. Registration is required. Through this program, language skills are developed to increase the child's reading readiness.



Magic Time Classics

(ages 4-6)
Tuesdays, October 4 – December 6: 1:30 – 2:30 p.m.
Registration is required. Explores the various adaptations or retellings of favourite folk tales, fairytales, and myths, expanding our understanding of the world.



A.I.M.B.O.T. LEGO Club – Registration is required. Minimum registration: 10 participants DPL, in partnership with the Alberta Institute of Mentors & Builders of Tomorrow (A.I.M.B.O.T.) will be hosting a Lego Club where kids will be encouraged to use their imagination and creativity to solve problems.
Dates : Tuesdays, October 11 & 25, November 29 and December 13 : 4:00-5:30 p.m.
Saturday, October 29 : 10:00 a.m. – Noon
Cost : \$20.00 per meeting for materials.

Early Dismissal DAZE (ages 6-12)
Wednesdays, October 5, November 2, December 7 : 2:30-4:00 p.m.
REGISTRATION DEADLINES: Tuesdays, October 4, November 1, December 6
Kick back & enjoy a movie on our big screen on early dismissal days. Popcorn & drinks are provided.

A Reptile Party! (Ages 6-16) Limit of 25 participants. Registration is required.
Saturday, October 22: 10:00 a.m. – Noon
Come meet some cold-blooded animals such as friendly bearded dragons, amazing frilled dragons, colourful geckos, incredible snakes, and even tarantulas and scorpions! You may even come face-to-face with Faith, the 8 foot Surinam red tailed boa constrictor!

ADULT PROGRAMS

All programs require registration unless otherwise specified.

World Alzheimer's Day

Tuesday, September 20: 1:30 – 3:00 p.m.
Join Kendra from the Alzheimer Society of Alberta & Northwest Territories for a discussion about what dementia is and what your chances are of getting the disease.

Mindfulness & Meditation Workshop

Monday, October 3: 6:00-8:00 p.m.
Join Judy Cooper of MetaFitness & Wellness Centre for an informative evening.

Healing With Crystals

Tuesday, October 4: 7:00 - 8:30 p.m.
You will learn a basic knowledge of how to work and heal with crystals, stones and rocks.

Introduction to Ley Lines

Tuesday, October 11 : 7:00-8:30 p.m.
Be introduced to the ancient to modern teachings and detection of ley lines, their effects, where they are found, and the potential energies they represent.

Stirring the Inkwell

Develop, explore and celebrate your literary gifts with this monthly creative writing workshop. No experience is necessary.
Date: First Wednesday of each month from 6:45-8:00 p.m.

What's In a Name? A Genealogy Workshop

Monday, November 7: 7:00-8:30 p.m.
Join Lynne from the Edmonton Branch of Alberta Genealogy and find out how you can get started on your journey, what kinds of things you can discover, and what to do with the information you collect.

Cardmaking with Wendy (ages 13+)

Wendy will provide you with step-by-step instructions on how to create your own personal cards. Cost: \$6.00 for 3 cards to be paid at time of registration.
Dates : To be determined
Times : 5:30 – 6:30 OR 7:00 – 8:00

Feng Shui Your Space

Tuesday, November 15: 7:00-8:30 p.m.
Learn about some key Feng Shui principles to enhance energy and bring more of what you love into your space.

Healing With Herbs

Monday, November 28: 7:00-8:30 p.m.
Join Elizabeth, registered Herbologist, from the Herbwalkers Apothecary and learn how to deal with ailments and stress using the natural healing properties of herbs.

Heart of Wellness Exercise

(Drop-in: no registration required)
Mondays & Wednesdays: 11:00 a.m.
Zookinesis is a mild exercise for seniors based on Tai-chi, chi-gung and yoga. It is performed while sitting in a chair.

Watch our website for updates and additional upcoming programs.



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