

TOWN OF DEVON FALL PROGRAMS

Program Ideas?

We are always looking for great program ideas. Please let us know if you have any course ideas or if you would like to instruct a class. Contact Jordan Nielsen at 780-987-8332 or Jnielsen@devon.ca.

Fall Events

SEPTEMBER

September 9th
Community

Awareness Night

September 19th Devon's 65th Anniversary Celebration

OCTOBER

October 30th
Family Halloween Dance

NOVEMBER

November 28th Christmas in the Park

Growing Connected Kids Early Development Instrument (EDI)

WHAT IT IS...

The EDI is a province-wide survey / measure which helps the Department of Education understand where the children aged 4-7 in a community are with readiness to learn at school.

The survey looks at five areas, known as domains: physical health and well-being: social knowledge and competence; emotional health –maturity; language and cognitive development; and general knowledge and communication skills.

WHAT IT IS NOT...

The EDI is not designed to single out children who may be struggling and identify them publically.

It does not identify individual schools, as all the results for particular areas are grouped together. Ours covers three Devon schools plus Graminia.

WHY IT IS IMPORTANT...

The foundation for strong and healthy children is set in the early years. All children need nurturing relationships and safe, supportive environments to grow and learn. Results of the EDI can play a major role in planning and decision making at the community and provincial levels to provide better outcomes for our children.

Kids with positive early childhood experiences (family, community, school etc.) are less likely to smoke, abuse alcohol, or use drugs as teenagers and adults. As adults, they're less likely to suffer from heart disease, obesity, auto-immune disorders,

some forms of cancer, mental illness, Type II Diabetes, and high blood pressure.

WE NEED YOUR HELP...

It is important for every parent of a child in Kindergarten to understand the value of this undertaking and give their signed consent, to the schools when asked, to take part in this project. The more information we have, the more we can do to help plan programs and strategies to support our children in getting the best possible start for their future.

NEED MORE INFORMATION?

Look out in the fall for an information session to see the previous Devon results, what the EDI is in more detail, the importance of the early years and what is being done to support children.



Family & Community Support Services

EARLY DEVELOPMENT INSTRUMENT

As part of our ongoing commitment to the children of Devon, the programs we offer are being purposefully created with one or more of the five developmental domains in mind. Where you see the symbols by the programs you will know what domains they primarily focus on.

DEVELOPMENTAL DOMAINS:



Physical Health & Well-Being:

Encouraging physical growth and independence, gross and fine motor skills and coordination.



Social Competence:

Encouraging playing well with others, curiosity about the world, respect for adults and other children, behavior and following rules / instructions, independence, self-confidence and eagerness to explore new things.



Emotional Maturity:

Encouraging age-appropriate emotional understanding, empathy, reflection, controlled actions (thinking before doing).



Language & Thinking:

Encouraging reading, writing, classification of shapes, numbers, colours, size and concepts.



Communication Skills & General Knowledge:

Encouraging open communication of needs and wants in a socially appropriate way, storytelling and an appropriate awareness of the outside world.

WHAT IS FCSS AND HOW CAN WE HELP YOU?

FCSS or Family & Community Support Services is a preventative program designed to support individuals and families that may need help with some of the things life throws at them. By working in partnership with community groups and organizations, schools, and regional colleagues we are able to assist with:

- Subsidized counselling (where eligible)
- In-home outreach support for families experiencing particular issues
- General referral / guidance to reach other services (such as housing, food, mental health)
- · Seniors assistance
- Tax assistance program
- Short courses on parenting, healthy eating, babysitting, teen awareness issues and many more

Regardless of background, many people need help at some point and whether it is for you, a family member, colleague or a friend, we are here to offer assistance and aim to help get you to the service you need quickly.

PARTICIPATION FUND

Did you know that financial assistance for Town of Devon run programs is available through the Participation Fund?

The Town of Devon believes in creating an inclusive community where all residents can lead a healthy and active lifestyle regardless of economic circumstance. Families are automatically approved if they are in receipt of AISH, EI or Alberta Child / Adult Health benefits. Other funding is determined by family income and size. Maximum allowance is \$220 per family per fiscal year. Visit www.devon.ca to complete the online form. Or call for more information.

VOLUNTEERING SUPPORT - EXTENDED HOURS AT RCMP DETACHMENT

Want to volunteer? Need a criminal record / vulnerable persons check but can't get there during 7am – 5pm?

EXTENDED HOURS pilot! Our RCMP detachment will now be open every second Tuesday 7am – 7pm from Aug 11 until December 1 to help people get their checks done so that they can support volunteerism in town. The applicants should bring in 2 pieces of Government issued ID. One must be picture ID, e.g. Driver's license, passport. The 2nd can be SIN, Alberta Health Care, birth certificate. They need to have the letter with them which confirms that they are volunteering and anyone under 18 will only be provided with a criminal record check.

BLOCK PARENT PROGRAM NEEDS YOU!

Do you sometimes wish there was a safe place your child or teen could go if they are lost, frightened or in distress but you aren't around? Or maybe it is your aging parent who might need help. Devon Block Parent Association is actively seeking individuals to provide safe havens for just such an occasion. Anyone over the age of 18 can apply to be a 'parent' and it doesn't have to be a full time job! For more info about the program visit www.blockparent.ca or how to find out about the Devon chapter, email fcss@devon.ca.





Child & Youth Programs

Arabesque Parents and Tots 🔀 💟



Parents and Tot classes focus on the first level of LTAD: Active Start learning FUN-damental movements such as running, jumping, twisting, kicking, throwing, catching, and link them together into play. Parents will be actively involved.

Program Code: 0921APT162

Date: Mondays, September 21 -

> November 26 9:30am - 10:15am

Location: Claypool Room, Community Centre

Age: 2-3 years Cost: \$75

Time:

Registration Deadline: September 14

Rainbow Rhythmics





At the Rainbow Rhythmics level, we focus on learning fundamental movements (running, jumping, twisting, kicking, throwing, catching) and link them together into play, as well as learning fundamental skills and building overall motor skills by focusing on the ABCs of athleticism agility, balance, coordination, and speed. For your first class wear as many colours as you want!

Program Code: 0921ARR162

Date: Mondays, September 21 -

November 26 10:15am - 11:00am

Location: Claypool Room, Community Centre

Age: 3-5 years Cost:

Time:

Registration Deadline: September 14

Red Cross Babysitting Course



This is a child care course for ages 11-14 who may be responsible for the care and supervision of younger children. Topics include: ages and stages of child development, legal responsibilities, discipline and care of children, safety, simple first aid, handling emergencies, and preparing interesting activities for children of all ages.

Program Code: 1003RBC142

Date: October 3

(Please bring a bag lunch)

Time: 9:00am - 4:00pm

Claypool Room, Community Centre Location:

11-14 years Age:

\$25 Cost:

Registration Deadline: September 28

Being Home Alone Safely



This self-care program is for young people aged 10-12 and siblings 8-10 who may be home alone for short periods of time. Parents are asked to attend the first session. Topics include: Parent and child expectations and ground rules, family council meetings, handling emergencies, safety, simple first aid, responsibility and accountability and coping with "fears".

Program Code: 1113HAS142

Date & November 13 6:00 - 7:30pm & Time: November 14 9:00am - 4:00pm

(please bring a bag lunch)

Location: Claypool Room, Community Centre

8-12 years Age:

\$25 first child, \$10 per sibling Cost:

(siblings share a manual)

Registration Deadline: November 6

Stay n Play (drop-in) 🕮





Are you looking for a drop-in program that enables you to be actively involved in your child's play and learning? Drop in and enjoy an interactive playtime with your child. By following their lead you can support their play while building self-confidence and self-esteem. You will discover how to encourage your child to develop a love of learning through play!

Date & Every Tuesday, Time: 9:00am - 12:00pm

Location: Old Primary School House

(5 Jasper Court)

Cost:

Hosted by Leduc Parent Link Call 780-955-3555 ext. 3290 Web www.leduc-county.com

Devon Community Indoor Playground

Spend some quality time with other parents

while your children get to play. We have plasma cars, slides, climbing areas, a playhouse, kitchen, and may other fun toys light snacks and refreshments provided. Register full year online or in person – half year and drop can only be paid in person.

Program Code: 2409CIP142

Date: Thursdays, September 24 2015 -

May 26, 2016

Time: 9:30am - 11:30am

Location: Braun Hall, Community Centre

Cost: Full year \$40, half year \$25 (after

Feb 1) or drop in \$5 per family

For more info check us out www.devon.ca Parents are responsible for the active supervision of their children and helping with set-up & take-down.

Local Youth Experience

A fun and welcoming experience for youth aged 11-17. Offering a huge variety of programs and activities. We build connections between youth and their community while focusing on what people truly feel passionate about.

Date & Every week day, hours vary.

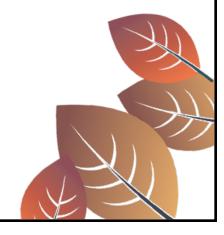
Time:

Location: Old Primary School House

(5 Jasper Court)

Cost:

Instagram & Facebook: /localyouthexperience Web www.localyouthexperience.com





Family & Adult Programs

Games Night

Gather your families and friends and enjoy an evening out at the Devon Community Center for a drop in games night. Check out a very wide variety of over 30 board games to play from old family favourites to new puzzles and cooperative games! All ages are welcome to attend. Refreshments provided.

Date: September 24, October 29,

November 26

Time: 6:30 - 8:30pm

Location: Claypool Room, Community Centre

Age: Cost: Free

Drop In Basketball

Drop in to play some basketball on Wednesday evenings! Please bring your own equipment and indoor shoes. All ages are welcome, no registration required. Schedule & cancellations posted on community calendar at www. devon.ca. Updates are also posted on the Town of Devon Facebook page! All abilities welcome.

Wednesdays October 7 -Date:

December 16 (No gym Nov 11)

Time: 6:30pm - 8:30pm

Location: Riverview Middle School Gym

Drop In Badminton (18+)

Drop in for a friendly pickup game! No need to register. Badminton runs weekly on Tuesdays, unless the school is unavailable. Schedule & cancellations posted on community calendar at www. devon.ca. All abilities welcome.

Date: Tuesdays starting October 6

Time: 5:00pm - 7:00pm Location:

Robina Baker Elementary

School Gym

Zumba Gold (Low Impact, 18+)

Zumba Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey

to a fit and healthy lifestyle. Zumba is known for the zesty Latin music (like salsa, merengue, cumbia, and reggaeton); the exhilarating, easy-to-follow moves; and the invigorating, party-life atmosphere. It's a dance fitness class that feels friendly, and most of all, fun!

Program Code: 0914ZUG162

Date: Mondays & Wednesdays

September 14 - December 16 (no class Oct 12 & Nov 11)

Time: 5:30pm - 6:15pm

Location: Braun Hall, Community Centre

10 punch pass \$45 - includes GST; Cost: Full Session (26 classes) \$120 -

includes GST

Punch Pass valid for any 10 classes from

September 14 - December 16

Introduction to Modern Square Dance (15+)

A fast, fun intro to the 50 easiest and most popular moves in today's square dance. Dancers completing this course will be able to dance at and Edmonton area club using the Club 50 program. Partner not required but advisable.

Date: Tuesdays,

October 6 – December 15

Time: 6:30pm - 8:00pm

Location: Braun Hall, Community Centre

Cost: \$100 + GST

Caregiver Support Group

A Caregiver is someone who assists a family member or friend living with challenges resulting from a disability, illness, or aging. Are you one of these people? Or are you someone who works with caregivers or related field and can offer your expertise or voice to the discussion? Are you interested in an informal discussion with the Alberta Caregivers Association to determine need, how a group might work and how this group could increase support for caregivers in Devon and area? We know you are all busy people so we are providing lunch, so it is one less thing you need to think about!

Program Code: 2209CSG142

Date: Tuesday, September 22

Time: 11am - 1pm Cost: Free (lunch included)

Registration Deadline: September 15 More Info: www.albertacaregivers.org





Friday Night Out! A Couples Cooking Class (18+)

If you are looking for a fresh, exciting idea for the weekend, find a friend or invite your partner to spend a deliciously different evening adding to your culinary repertoire. Master new recipes and cooking techniques together in a fun, casual atmosphere, then enjoy the great food that everyone has made. Sharpen your skills while you get to know like-minded people. Space is limited. Book early for this very popular – hands on experience!

Program Code: 1009CCC162

Date: October 9 **Time:** 6:30pm – 9:30pm

Location: Community Centre Kitchen

Cost: \$80 + GST/couple
Registration Deadline: October 2

Older Adults Financial Information Session

This two hour workshop, hosted by Alberta Seniors and Service Canada, will include information about provincial programs for older adults who are either on the cusp of retirement and want to know what they can access or those already in retirement age. Topics covered will include provincial programs: Alberta Seniors Benefits, Special Needs Assistance for Seniors, Dental and Optical Program, and Property Tax Deferral Program and federal programs: Canada Pension Plan, Old Age Security and Guaranteed Income Supplement.

Program Code: 10210AF142

 Date:
 October 21

 Time:
 6:30pm - 8:30pm

Location: Meeting Room, Community Centre

Cost: Free

Registration Deadline: October 14

Introduction to The Virtues Project™: Awakening the Gifts of Character

Learn how to bring out the best in yourself and in others. This course focuses on 52 virtues honored by all cultures and the five life skill strategies of The Virtues Project™. Participants who complete this introductory course will be eligible to take The Virtues Project Facilitator training scheduled for October 27-29.

Program Code: 1020VPI142

Date: Tuesday October 20 – Wednesday October 21

Time: 9:00am – 4:00pm each day
Location: Fire Hall Training Room

Cost: \$52.50 (Includes lunch on both

days and a set of Virtues Educator's Cards.)

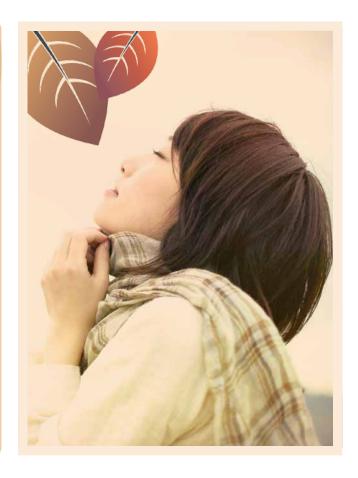
Registration Deadline: October 12

Oh No... We cancelled the program!

Excellent programs are sometimes cancelled when everyone waits until the last minute to register. Decisions about class cancellations are made one week prior to class start dates. Please make sure classes run by

REGISTERING EARLY!

Programs must meet minimum registration to run. If a program needs to be cancelled, there will be a full refund to the participants and a minimum of 5 business days' notice given. Withdrawal from a program requires 5 business days. You will receive a full refund minus a 10% administration fee. Withdrawals with less than 5 days' notice are not eligible for a refund.





The Virtues Project™ **Facilitator Program**

This course focuses on practicing, deepening and facilitating the five strategies of The Virtues Project™ through activities, exercises, talks, and individual or team presentations.

Program Code: 1027VPI142

Training Pre-requisite: Registrants must have completed the Introduction to The Virtues Project™

Date: Tuesday October 27 -

Thursday October 29 Time: 9:00am - 4:00pm each day

Location: Fire Hall Training Room

\$157.50 (Includes the cost of the Leader's Manual CD (\$100 value)

and lunch on all 3 days.)

Registration Deadline: October 19

Makeup Fundamentals

Learn the tips and tricks of applying foundation and the perfect eye liner then how to transform it into an evening look just in time for your holiday parties.

Program Code: 1116MUF162

Sunday, November 16 Date: Time: 1:00pm - 3:30pm

Location: Claypool Room, Community Centre

Registration Deadline: November 9

Note: Please bring foundation, concealer, face powder, blush, eye shadow, mascara, eyeliner (liquid/pencil), makeup brushes, Q-tips, and makeup remover

Natural Soap Making

Great for the skin, economical, imaginative and FUN - Natural, handmade soaps made from scratch. A lost art, use lye and vegetable oils, choose your own fragrance, additive and colour for a variety of soaps. You'll cover several ideas and numerous recipes – even hair and pet shampoo bars!

Program Code: 1101NSP162

Date: Sunday, November 1 Time: 10:00am - 2:30pm

Location: Community Centre Kitchen

Cost: \$60 Age: 18+

(12+ if accompanied by an adult)

Registration Deadline: October 26 Please bring the following supplies to class: a pair of rubber gloves; an apron or something to protect your clothing; and a shoe box or durable container to carry soaps home. Bring a refreshment and a light snack to class for the break

Northlands Horse Races Bus Trip

Want to have a fun night out; enjoy dinner, have a small flutter on the horses? The

Devon Community Bus will drive you to Northlands for an evening of fun.

Date: Friday, October 16

Time: Pick up at your door 3:30pm,

return 9:30pm

Cost: \$15.50 return (bus only)

Registration Deadline: October 12, to book

call 780-910-1960

Parent Café -The Early Years Workshop

This workshop is for parents, early care providers, educators and other professionals to explore the critical role of parents and caring adults in helping children to reach their potential. Conversations can be a powerful tool to build supportive networks, to inform and access quality information, to acknowledge assets and to validate what is already working. This workshop and the resource provided offers everything you might need to begin conversations in your network and community. Participants will also receive a resource package worth \$100.

Program Code: 3009PCW142

Date: Wednesday, September 30

Time: 6:30 – 8pm

Cost: \$20 (light supper included) Registration Deadline: September 23 More Info: www.cafeinstitute.org

Dale Fisher Arena



32 Haven Avenue 780-987-4242

Check the recreation portal at www.devon.ca for the current ice schedule

CSA-approved helmets required for all children and youth and for all ages when pucks are on the ice. They are also strongly recommended for all participants during ice activity.

Public Skating 🚺 🛐





Free drop-in skating session for all ages and abilities. Sticks are not permitted during this time.

Mondays & Wednesdays 12:00pm-1:00pm **Thursdays** 6:10pm-7:10pm Saturday & Sunday 4:00pm-5:00pm

Public skating also on many school PD and

Early Dismissal days

Adult Noon Shinny

Drop in, lace up your skates, put on your helmet and shoot the puck around with friends!

Tuesdays & Thursdays 12:00pm-1:00pm

New! Mixed Adult Shinny

Every 2nd Monday of the month 10:15pm-11:15pm

Parent & Tot Skating 🗰 🚺





Parents, grandparents or guardians: bring your pre-schoolers to the arena for self-led skating! Help your little skater learn the basic fundamentals of skating.

Practice falling down and getting up, balancing, marching, scraping one foot (introduction to stopping), gliding, and turning on the spot!

Mondays & Wednesdays 10:30am-11:30am

Adult & Senior Skate

All levels of skaters are encouraged to come out and strap on your skates.

Tuesdays & Thursdays 10:30am-11:30am



Community Bus

WHAT IS IT?

A door to door service that takes you to appointments, shopping and entertainment in town and surrounding communities. Open to everyone, including those in wheelchairs or mobility scooters, parents with strollers or shopping carts (subject to space and car seat criteria).

HOW DOES IT WORK?

To ride the bus, select your day / destination, based on our standard schedule, call us and let us know where you need to go (and if there is a specific appointment time) and we will come and get you.* It is that easy.

Did you know that when we drop you off, you aren't stuck in one place the whole time? You can go to more than one destination in the same town – just call and we will take you to your next location. All for the same, single low cost!

NEW FOR 2015

- Route to and from Edmonton Century Park ETS/LRT. Watch social media and the Dispatch for the start date and route info.
- Added pick up locations. Live on the west side of Hwy 60 on Graminia Road? Call us and we will pick you up on our way to Spruce Grove or into Devon on Tuesdays or Fridays. For those who don't mind driving a little way but not to the malls, you can also arrange to meet at Independent grocery car park for trips into the city or Leduc.
- No charge for preschoolers restrictions on height / weight and car seats apply. See website for full details www.devon.ca – community bus.

*minimum 24 hours' notice for out of Devon trips

LARGE PRINT SCHEDULE:

www.devon.ca or 780-987-8325

SCHEDULE

DAY	DESTINATION	SCHEDULE	DEVON PICK UP Starts	DEPART DESTINATION
Monday	Leduc	(September - April)	9:00am	1:30pm
Tuesday	Devon	Year Round	9:30am	4pm
	West Edmonton Mall Bonnie Doon • Kingsway	First Wednesday of month either (in rotation)	9:30am	3:30pm
Wednesday	Spruce Grove	Third Wednesday of month	9:30am	3:30pm
	Casino	Last Wednesday – January, April, July and October	10am	3pm
Thursday	Devon	Year Round	9:30am	2pm
Fuida	Private Rentals	Year Round	As required	
Friday	Daycamp	Summer / Spring Break		

PRICING

DESTINATION	COST (RETURNS - MULTIPLE PICK UP/ DROP OFF)		
Devon	\$4.75		
Leduc / Spruce Grove / Casino	\$9.75 (\$10 Jan. 1)		
Malls	\$15.50		
Buy an in-town pass and save! 10 trips for the price of nine. Purchase at the Town office.			

